ELECTION 2016, 6 | EDUCATION, 33 | SLICE OF LIFE, 46

rocky hill
LIFE
November 2016 • TurleyCT.com
A product of TurleyCT Community Publications
Volume 4, Edition 2

A place to learn

PAC advocates for passage of new school plan

See story on page 24

Residential Customer
ECR-WSS

PRSRT STD
US POSTAGE
PAID
PALMER, MA
PERMIT #22

TurleyCT Community Publications
540 Hopmeadow St.
Simsbury, CT 06070

Annie Dillon & Team Dillon
Reputation you can trust

Annie Dillon, Sales Vice President
cell 860.729.2998
990 Silas Deane Highway, Wethersfield
Annie.Dillon@Raveis.com
AnnieDillon.raveis.com

$10 Million in Closed Sales 2016 - Thus Far!

Wethersfield's Top Agent

WILLIAM RAVEIS
REAL ESTATE • MORTGAGE • INSURANCE
The Largest Family-Owned Real Estate Company in the Northeast

Expert Knowledge of Local Properties.

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Agent of the Month

Cyndi Rabb
860-986-6129

Karen Woolley
860-690-0701

Darlene White
860-881-3424

Sandy Whitaker
860-760-5959

Cris Walsh
860-214-5964

Pamela St. Jean
860-760-5960

Lizz Romano
860-983-6330

Joe Rizza
860-209-7391

Lorna Purrier
860-869-4924

Dan Preniqi
860-869-3166

Harrison Amadasun
860-778-7717

Candia Baptiste
860-324-2794

Sabrina Betts
860-402-5992

Brent "Bo" Bowman
860-305-8904

Lisa Bowman
860-983-6789

Scott Brown
860-358-9296

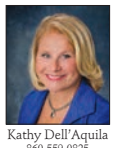
Sebby Caramma
860-729-6555

Joyce Cianci
860-760-5983

Lina D'Angelo
860-380-7121

Shirley Davies
860-922-0093

Chris Devanney
860-760-3640


Kathy Dell'Aquila
860-559-0825

Top Listing Agent

Donna Dargie
860-883-5419

Sara Felter
860-573-8008

Douglas Francis
860-478-8086

Maggie Francis
860-205-4692

Antoinette Gabriel
860-997-6720

John Gerardi
860-983-4427

Vin Giarratana
860-913-8155

Jessica Hamilton
860-305-1032

Norman Hamilton
860-985-3270

Stacey Hodges
860-760-8005

Wethersfield **$574,900**
This exceptional historic home is one of the most revered homes in all of Wethersfield, set up on a knoll overlooking the historic Cove featuring fabulous water views & breath-taking sunsets!
Lisa-Bowman.com **860-983-6789**

Wethersfield **$399,000**
4BD, master bd en-suite, living rm w fp open to dining. Eat-in kitchen, family rm, vaulted ceils. LL w 2nd kit, family rm w a 2nd fp, full bath. In-ground pool, screened-in gazebo w electric & cable.
Lisa-Bowman.com **860-983-6789**

Wethersfield **$389,900**
Exceptional vintage-style 4BR/2+BA Colonial circa 1750 built by sea Captain S. Latimer. 4 fireplaces, period detail millwork, wide floorboards, 2 staircases. Fabulous views of water, sunset & Cove WH.
Lisa-Bowman.com **860-983-6789**

Wethersfield **$364,900**
Updated 3BD, 2 Fireplaces, XL LR & DR, hardwood floors, bay windows. Generous amt of cabinetry, counter space & table space in kitchen. Family room in the lower level w French doors to the backyard.
Lisa-Bowman.com **860-983-6789**

Wethersfield **$289,900**
Hubbard built colonial, 9 foot ceilings, wood floors, re-modeled kitchen, living room, fireplace, large master BD. Newer architectural roof, windows, paved drive. Private backyard, garden, deck.
DonnaDargie.com **860-883-5419**

Wethersfield **$264,900**
Meticulous 4BR/3BA farm house on sprawling grounds. Pristine HW floors. 6 Fireplaces. 2568 sq ft w flexible floor plan. Wrap around porch. Full basement. Spacious. Many mechanical updates. New Drive.
Lisa-Bowman.com **860-983-6789**

Wethersfield **$259,900**
Charming 3BD colonial w beautiful hardwood floors, spacious fire placed living, formal dining rm off of updated kitchen that opens to a bright family room, sliders to deck. Established neighborhood.
CyndiRabb.com **860-986-6129**

Wethersfield **$189,900**
3BD brick Ranch, open kitchen/DR, lg LR, wood burning fireplace, hardwood floors throughout. 3-season sun-room. Partially finished basement w new flooring & bar. Freshly painted & ready to move in.
WayneHorgan.com **860-760-8044**

Newington **$474,500**
Most every amenity added to make it a comfortable & care-free today & many years to come. 3-4BD/3.5BA, 500 sq ft finished LL, 1st floor master. Hardwood floors, SS appl, granite, gas heat, end unit.
DickPeplau.com **860-463-2288**

110
THIS IS HOME.
HOME OF THE #1 RESIDENTIAL BROKERAGE NATIONWIDE[1]
HOME OF THE #1 REAL ESTATE BRAND ONLINE[2]
HOME OF THE INDUSTRY'S TOP AGENTS
Celebrating 110 years of bringing families home.
1. NRT is ranked #1 in both closed residential buyer and/or seller transaction sides and sales volume (calculated by multiplying number of buyer and/or seller transaction sides by the sales price) in 2015 in the U.S. One unit equals one side of a transaction (buyer or seller). Data obtained by REAL Trends Survey, 2016. Coldwell Banker Residential Brokerage and Coldwell Banker United, REALTORS® are subsidiaries of NRT. Statistics include sides/sales volume for all NRT subsidiaries. 2. comScore, Jan.-Dec. 2015. 12600-8/16

Wethersfield **$234,900**
Cul-de-sac 2BD/1.5BA ranch in a quiet & convenient setting. Spacious rooms, hardwood floors, thermo pane windows, updated modern XL kitchen. Sizable deck, full basement for expandable living space.
Lisa-Bowman.com **860-983-6789**

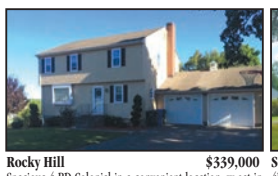
Wethersfield **$184,900**
Wells Quarter Village 3BR/1.5BA Colonial on a tree-canopied street. Fireplace, 6 panel doors, oak flooring, central A/C. Garage, partially finished basement, enclosed porch. As is/where is condition.
DickPeplau.com **860-463-2288**

Newington **$285,000**
Commercial building previously used as a warehouse. Concrete flooring. Zoned industrial. Approximately 5440 square foot building on .71 acres of land. Public water & sewer. Natural gas.
SebbyCaramma.com **860-729-6555**

Newington **$256,900**
3BR/2BA Ranch w new heating system, state of the art water heater, roof, windows, fp liners & incredible addition to create beautiful master suite w views of sunrise & sunset. Fireplaced LR & Kitchen.
DonnaDargie.com **860-883-5419**

Rocky Hill **$424,900**
Open flr plan, high ceil, gas fp. Custom kit w cherry, granite, mill work opens to dining area & leads to stone patio w built in gas grill. 5B/3+BA, 1st flr master, loft overlooks LR. Finished LL.
DonnaDargie.com **860-883-5419**

Rocky Hill **$359,900**
Impeccable 2BD/2BA Condo. Wide tiled foyer provides dramatic entry. Open floor, great rm leads into arched addition w fp. Upgraded kit cabinetry, ss apl, granite. Private terrace, unfinished bsmnt.
HelenKrzyczynski.com **860-205-7063**


Rocky Hill **$339,000**
Spacious 4 BD Colonial in a convenient location, w eat-in kitchen w island & table space, fireplace, hardwood. Updated baths, new windows, great rec room in lower level, in ground pool, 16x16 deck.
JoyceCianci.com **860-760-5983**

South Windsor **$329,900**
4BD/2.5BA Colonial. 1st floor Master suite w 2 person tiled shower & jacuzzi hot tub. Modern kitchen, ss appl, lg deck, finished LL w rec room, office. New high efficiency boiler, C/A, & 30-yr roof.
Antoinette Gabriel **860-997-6720**

Windsor **$239,900**
Renovated Ranch, 2 Car Attached Garage, Granite Countertop, Eat-In Kitchen, Double Fireplace, Master Bedroom W/ Full Bath, Enclosed Rear Porch, Private Yard & Street. New Furnace, Hot Water Tank.
Katrina-Stewart.com **860-819-8372**

Cromwell **$294,500**
Masterful custom built ranch on 1.8 ac. Open floor plan, 1st floor master suite & laundry. Luxurious baths. New hard wood floors. Car guy's dream garage; oversized w high ceilings, lifts & compressor.
Lina D'angelo **860-380-7121**

Cromwell **$202,000**
Updated 3BD unit at Fox Meadow Complex! Large open LR, DR & kitchen. Fireplace, hardwood floors, SS Appls. Interior balcony, loft style bedrooms, large Master, vaulted ceilings, remodeled baths.
SandraWhitaker.com **860-760-5959**

Cromwell **$154,900**
2BD/1BA Fox Meadows Condo. Remodeled Kitchen/Bath, New Hardwood Floors, Air Tub, Cathedral Ceiling in Lr With Fireplace & Access To Deck. New Carpet in Mbr. Spiral Staircase To 3Rd Level Br. New A/C.
SaraFelter.net **860-573-8008**

Cromwell **$144,900**
Spacious 2BD open floor plan, vaulted ceilings, new hardwood floors. Updated kitchen, new cabinets & tile flooring. Basement easily finished is partitioned & plumbed for a 3 bath. Deck. Private.
LizzRomano.com **860-760-8067**

Cromwell **$129,900**
Move-in condition Townhouse unit w hardwood floors, eat-in kitchen w ss appl. Lg bedrms w deck off master. Sliders from LR to private patio. Finished LL. Pool, tennis, clubhouse.
JohnGerardi.com **860-983-4427**

Middletown **$289,900**
4BR/2+BA, front & side porch, rear deck. Updates galore; granite, stainless, double oven. Hardwood. Finished lower level. Private w farm view. Close to Route 9 & all conveniences in small subdivision.
HelenKrzyczynski.com **860-205-7063**

Top Co-Broke Agent

Cyndi Rabb
860-986-6129

Oomilya Poo-Nark
860-502-8242

Dick Peplau
860-463-2288

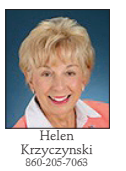
Linda Pacelia
860-729-1757

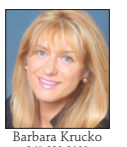
Carmen Muszynski
860-760-9962

Carolina Mimo
860-331-0396

Marileno Miano
860-478-5144

Chelsea Madonna
203-988-6939


Helen Krzyczynski
860-205-7063


Barbara Krucko
860-883-2099

Ruby Kammerer
860.841.0032

Maureen Horowitz
860-205-9678

Wayne Horgan
860-760-8044

Top Sales Agent

Cyndi Rabb
860-986-6129

Wethersfield Office | 1331 Silas Deane Highway | Wethersfield, CT 06109 | 860.563.1010

ColdwellBankerHomes.com

©2016 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker, the Coldwell Banker Logo, Coldwell Banker Previews International, the Coldwell Banker Previews International logo and "Dedicated to Luxury Real Estate" are registered and unregistered service marks owned by Coldwell Banker Real Estate LLC.

COLDWELL BANKER PREVIEWS INTERNATIONAL

COLDWELL BANKER RESIDENTIAL BROKERAGE

rocky hill LIFE

November 2016
Read online: TurleyCT.com

540 Hopmeadow Street
Simsbury, CT 06070
t 860-651-4700
TurleyCT.com

QUOTE OF NOTE:

"On the first day, there's an opening mass with millions of kids from all around the world. That's a really cool experience with the kids." *-Sharon Gagne*

See story page 12

ON THE COVER

Stay Invested Chairman Lisa Marotta and Vice Chairman Bryan Addy have their sights set on razing the vacant Moser School to make room for a new grades 4-5 intermediate school.

Photo by Lisa Brisson
See story page 24

4 It's round two
6 29th Assembly District
9 From the mayor's desk
17 Preparing future leaders
26 News roundup
30 Got pain?
33 Student of the month
34 Loving learning
36 LIFE in the classroom
39 Club fosters service
41 Events spotlight
42 Living Your Best LIFE
46 Slice of LIFE

Worth the Ride!

Visit our beautiful showrooms in Ellington filled with custom furniture, gifts and home decor.

dining | bedroom | upholstery | home office | entertainment

Save the date! ***Annual Open House*** ***November 10-12***

KLOTER FARMS

Shop Online **KloterFarms.com**

860-871-1048
216 West Road, Ellington, CT

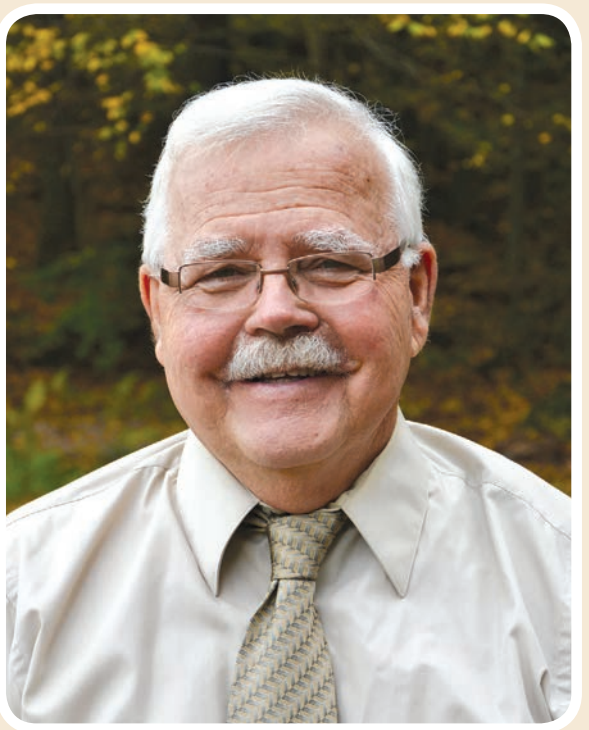
FREE DELIVERY **in CT, MA, RI**
$1500 min. purchase. Extra charge for Cape Cod.

Sterling Jewelers

965 Silas Deane Highway ~ Wethersfield, CT 06109
(860) 529-1187 ~ Toll Free 1-866-209-0717
www.ShopSterlingJewelers.com

CAMPAIGN 2016

Paul Doyle



Earle Roberts

Courtesy photos

It's round two between Paul Doyle and Earle Roberts

by Mark Jahne
Editor

Much of the attention this campaign season has been focused upon the presidential election, but voters will also be asked to make their selections for the U.S. Senate and Congress. Also on the ballot are seats in the state legislature.

The state's 9th Senate District includes Cromwell, Newington, Rocky Hill and part of Wethersfield and Middletown. The contestants are the same as they were in the 2014 election, incumbent Democrat Paul Doyle of Wethersfield and Republican challenger Earle Roberts of Middletown.

Rocky Hill LIFE asked both of the candidates to fill out a short questionnaire with a maximum word limit of 500 words. Here are their responses.

Paul Doyle
Democrat

Q. How do you provide necessary state services while also trying to control expenses?

A. Unfortunately, it is clear that the state budget crisis will continue into the future. We need to prioritize state expenditures by focusing on providing support for our needy citizens and cutting non-essential spending in other areas of the budget.

Although this will not be easy, we need to make these difficult decisions to improve the future for Connecticut. Many of you will not like these difficult spending cuts, but Connecticut's budget picture remains bleak because of persistent reduced revenue.

Q. What are the most important issues facing the state, and what would you do about them?

A. State Budget Crisis: We need to get the state's fiscal house in order and prioritize state spending as detailed above.

Preserve and Create New Jobs: We need to pass legislation that seeks to improve Connecticut's economic climate, with the goal of attracting new businesses and expanding our existing businesses – job creation. With a focus on small businesses, we will need to target our state economic development dollars to industries that are committed to staying in Connecticut and producing new jobs.

Minimize Property Tax Increases: As a state legislator, I have always fought to maximize state aid to municipalities to minimize property tax increases and I will continue to do so if I am re-elected.

Q. What changes in policy do you think are needed to improve the quality of state government?

A. We need to provide more public input in the entire state budget creation process. Early in the legislative session, the Appropriations Committee has lengthy public hearings on the budget.

However, many decisions are made late in the session behind closed doors that do not give the public the opportunity to consider and comment on. We need to

provide more public input in the later stages of the budget creation process.

Q. Is there any other information you would like to share with voters about your personal or professional qualifications, background, community involvement?

A. I have been a public servant as a Wethersfield Town Councilor, a state representative and now as a state senator. It has been my privilege and pleasure to participate in government service and I think my experience has helped me effectively serve as the state senator from the 9th District.

I ask the citizens in Cromwell, Middletown, Newington, Rocky Hill and Wethersfield to support me on Nov. 8. I promise you that I will work hard, be accessible, and use common sense in my decisions.

Earle Roberts
Republican

Q. How do you provide necessary state services while also trying to control expenses?

A. The budget should be reexamined and significant cuts should be made in areas where money is being wasted. Ideally, I feel there should be an 8 percent cut in the state budget by reducing working hours for state employees and consolidation of resources where possible.

Resources should provide the people of Connecticut the services they need by spending money more wisely where it counts most and holding those responsible for the utilization of necessary resources accountable for money spent that cannot be adequately justified as being necessary to the operations of the state and its residents.

Q. What are the most important issues facing the state, and what would you do about them?

A.Some of the most important issues facing the state right now are keeping businesses in Connecticut and creating more employment opportunities in all areas. I would support making the state more business friendly by lowering corporate taxes and decreasing government oversight where it is not absolutely essential.

However, I do not support corporate welfare. Drawing more businesses, college graduates.

Q. What changes in policy do you think are needed to improve the quality of state government?

A. Having a serious discussion with all state unions to reach an agreement that will cut down on wasteful spending/change union laws to better benefit the people of Connecticut and make government more efficient without taking away the protections employees need.

Q. Is there any other information you would like to share with voters about your personal or professional qualifications, background, community involvement?

A. I am a self-employed tool and die maker and a graduate of Middletown High School and the University of Hartford. I served in the U.S. Navy during the Vietnam era from 1964-1967 and was honorably discharged.

As a lifelong resident of Connecticut, I care a great deal about the future of Connecticut and am currently concerned about many issues that have an impact on each resident. One of my biggest concerns is the current deficit of $1.3 billion and how we can work to change the system that is perpetuating it.

We need to take a close look at where and how funds are being allocated, focus on consolidating public services, departments and resources, and eliminate wasteful spending and practices, where possible.

Civic involvement has always been a priority for me. In Middletown, I previously served on the Common Council and was chairman of the South Fire District, as well as serving on various town committees and commissions. **RHL**

VOTE DOYLE ON NOVEMBER 8TH

RE-ELECT
STATE SENATOR
PAUL DOYLE
Democrat for 9th
District State Senate

EXPERIENCE • LEADERSHIP • RESULTS

Paid for by Doyle For State Senate, David Seifel, Treasurer Approved by Paul Doyle

CAMPAIGN 2016

Brown seeks to unseat longtime incumbent Guerrera in the 29th Assembly District

by Mark Jahne
Editor

The 29th Assembly District covers all of Rocky Hill as well as portions of Newington and Wethersfield. This year's race is between longtime Democratic incumbent Antonio "Tony" Guerrera and Republican newcomer Todd Brown. Both men reside in Rocky Hill.

Rocky Hill LIFE asked both of the candidates to fill out a short questionnaire with a maximum word limit of 500 words. Here are their responses.

Antonio "Tony" Guerrera
Democrat

Q. How would you provide necessary state services while also trying to control expenses?

A. As legislators, we must consider the budget in its entirety and determine which state services are to be considered "essential." Then we must estimate the revenues the state will receive in the next fiscal year and allocate those revenues to essential state services.

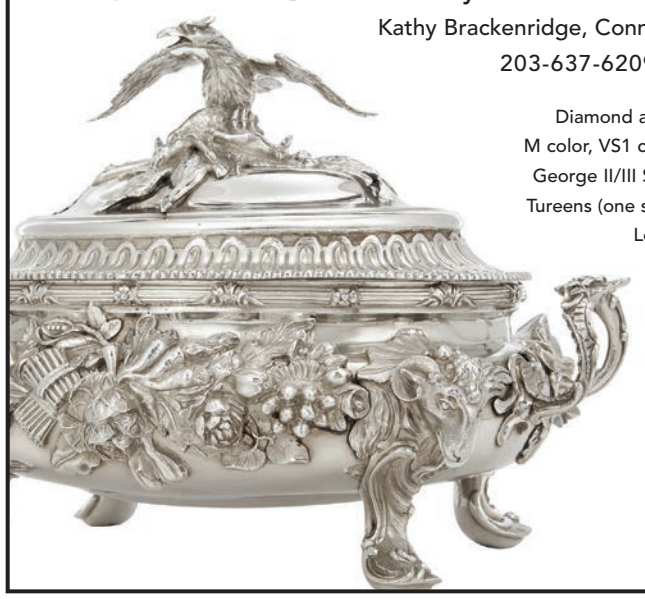
If we find that estimated revenues will be inadequate to fund all the services we consider to be essential, it then becomes our responsibility to make difficult choices among reducing those "essential" services, increasing taxes, or some combination of the two. This is the most difficult challenge legislators face every year.

Q. What are the most important issues facing the state, and what would you do about them?

DOYLE
WETHERSFIELD CONSIGNMENT DAY

TUESDAY, OCT 25
By Appointment only

Doyle Specialists will evaluate your Jewelry, Art and Silver for upcoming auctions. **We invite you to schedule a private appointment.**
Kathy Brackenridge, Connecticut Representative,
203-637-6209, DoyleCT@Doyle.com



Diamond and Cabochon Emerald Ring, M color, VS1 clarity. Est: $100,000-150,000
George II/III Sterling Silver Covered Soup Tureens (one shown), One, William Cripps, London, 1757, the other John Parker & Edward Wakelin, London, 1770. Est: $20,000-30,000

BERKSHIRE HATHAWAY HomeServices
New England Properties

DOYLE.COM

Visual Perceptions

Please join us in welcoming our newest doctor to our Rocky Hill practice!

Anuradha Veerappan, OD

In addition to providing comprehensive eye exams for the whole family, Dr. Veerappan specializes in Orthokeratology (Ortho-K) as well.

Call to make your appointment today!

(860) 529-9740 • 2162 Silas Deane Hwy, Rocky Hill
www.visualperceptions.com

We accept all major medical & vision insurances including Medicaid.

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

Todd Brown

A. My priorities are, and always have been, extending the state's role in creating jobs, furthering economic development and focusing on essential support for education, the elderly, the disadvantaged and those with special needs.

In determining these priorities, I continue to listen carefully to the concerns of my constituents and to try to respond to them within the limits of available state resources.

Q. What changes in policy do you think are needed to improve the quality of state government?

A. These are not necessarily changes in policy, but I believe state government must make every effort to increase its use of technology to improve the efficiency of its programs and services and the effectiveness of their delivery to all citizens.

As chairman of the Transportation Committee, I'm especially committed to using available state resources to expand the use of public transportation and modernize our rail, bus, seaport, airport and highway infrastructure.

Antonio "Tony" Guerrera

Courtesy photos

Dear Friends:

The main reason I'm asking for your vote for a ninth term in the General Assembly is that I've always believed in confronting challenges head-on.

During my eight terms in the House of Representatives, I've been determined to do all I can to make Connecticut a better home for my constituents in Rocky Hill, Wethersfield, and Newington, and, indeed, all the citizens of our state. We've made a lot of progress, but we have more challenges to overcome.

I know that I need to go back to work with my colleagues in the General Assembly to continue getting Connecticut back on track. Therefore, I humbly ask for your support on November 8th so that I can keep on working hard to secure a positive and more prosperous future for the state we call home.

Tony

On November 8th Re-Elect

Antonio "Tony" Guerrera

State Representative -- 29th District

(Rocky Hill • Newington • Wethersfield)

Support the Entire Democratic Team

Paid for by Friends of Guerrera 2016, William O'Sullivan, Treasurer; Approved by Tony Guerrera; For a Ride to the Polls, Call 860-343-3256

Q. Is there any other information you would like to share with voters about your personal or professional qualifications, background, community involvement?

A. In the 16 years I've served as state representative in the 29th District, I've tried to make sure that the interests and concerns of my constituents in these communities are first and foremost in the decisions I'm called on to make. At the same time, I've recognized that my decisions affect the entire state, and therefore I'm obligated to consider how the needs of my district can be measured against the needs of the state.

In the vast majority of legislative issues that come before us, those needs are very similar, and my decisions are pretty easy to make. In those rare instances where those needs are not the same, I've done my best to weigh the pros and cons, then make the decision I believe is right.

In weighing the alternatives, I rely on my experience as a self-employed businessman responsible for getting the job done on time and within budget. I also rely on the lessons I learned from my parents, who came to this country with almost no money, but with a willingness to work hard and become contributing residents of the greatest country on earth.

Those lessons include faith in your own abilities, commitment to productive work, and dedication to doing what's right for the benefit of those closest to us. These are the lessons I pledge to continue carrying out if I'm fortunate enough once again to earn the trust of my district's voters.

Todd Brown
Republican

Q. How would you provide necessary state services while also trying to control expenses?

A. Four years ago, in different words than Governor Malloy used, I suggested block grants to the commissioners to allocate funding at their discretion. The legislature gets estimates on revenue, budgets to that number.

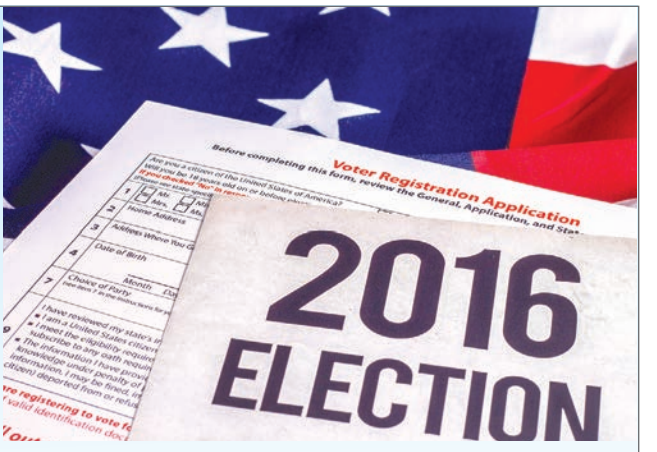
Give the commissioners the money with the instructions to get the most value with the money they have to work with. Watchdog groups and the press will make sure the money has been well allocated.

Q. What are the most important issues facing the state, and what would you do about them?

A. Two things, high taxes and out-of-control spending. High-income wage earners are leaving the state because of the tax burden. There should be no more tax increases and no more looking for new taxes, especially tolls or a mileage tax on our roads.

For too many years the state budget has been growing at a rate faster than inflation or wage growth. We have to stop the state budget from growing faster than revenues.

We have to stop borrowing money as a way to keep up the spending. The legislature needs to follow its own laws about the budget and spending. If we can make the state look affordable and stable, then business will want to be here without special incentives.



Q. What changes in policy do you think are needed to improve the quality of state government?

A. We need our government to stop spending beyond revenues and to wisely allocate money for the most impact. Certain tax revenues should be spent using common sense for what they fund.

Only 24 percent of the gas tax goes towards road repair and building, and yet we hear that we need tolls or a mileage tax to pay for our roads. Before passing a law for a lockbox for tolls we do not have, how about designating 100 percent of the gas tax revenue for roads?

When the CT Lottery was introduced, its revenue was supposed to go for education, and now the money goes into the general fund. Keep the promise and fund education with lottery money.

No more bloated projects like a $600 million busway between Hartford and New Britain. Portland, Maine, had 10 miles of rail track and rehabbed it for $30 million into a commuter rail line. Meanwhile, Connecticut ripped out the rail and replaced with road at 20 times the cost

Term limits and removal of state legislators from the pension plan. It is called government service and elected officials should not look for this part-time job to be a career. Ten years maximum.

Q. Is there any other information you would like to share with voters about your personal or professional qualifications, background, community involvement?

A. I serve on the Open Space Commission as a way to protect the outdoor resources of Rocky Hill. I live an active outdoor lifestyle. I can be seen in town running, kayaking and riding on an ElliptiGO.

I bring both thought and energy to the things I do. I love to talk, but also I am always ready to listen. I am a moderate and I do not view compromise as a dirty word. Together, we win. **RHL**

THE NOUVEAU COLLECTION
John Medeiros
Jewelry Collections
Turgeon Jewelers
mike@turgeonjewelers.com | T-W-F 10-6; Th 10-7; Sat 10-4
1841 Berlin Turnpike, Wethersfield 860.436.6400 • turgeonjewelers.com

Come see what everyone is talking about!
• Beautiful Special Occasion Dresses
• 'Brand New' from NY - Scarves, Hats, Jewelry & More!
• Accepting Holiday Little Girl Dresses
• Gift Certificates Available
• Senior 10% Discount Tuesdays
• Accepting Fall/Winter Items
• Call Us To Sell Your Furniture
lilymadisonconsignment.com
Like us on facebook
LILY MADISON
CHIC CONSIGNMENT & Boutique
Mon. & Tues. 11am - 5pm
Wed. & Fri. 10am - 6pm
Thurs. 10am - 7pm
Sat. 10am - 5pm
Sun. 12pm - 4pm
53 New Britain Ave., Rocky Hill - 860-563-3206

From the Mayor's Desk

Italian sister city residents pay Rocky Hill a visit

by Mayor Claudia Baio

Courtesy photos

Visitors from Floridia, Sicily, were welcomed to town and presented with Rocky Hill baseball caps.

We had some special visitors in town this past month. Visitors from our sister city of Floridia, Sicily, Italy came to town and La Piccola Bottega del Teatro performed two comedies to a full auditorium of jovial spectators made up of residents from Rocky Hill and our neighboring towns on Oct. 5-6.

The sister city concept was inaugurated by President Dwight Eisenhower in 1956 to establish greater friendship and understanding between the United States and other nations through direct personal contact. Rocky Hill recognizes and endorses the concept and welcomed once again, as it has in the past, its sister city with the hope of further fostering the lasting friendship between the people of Rocky Hill, Conn., and of Floridia, Provence of Siracusa, Sicily.

Our Parks and Recreation Director Lisa Zerio acted as the town liaison with the group and worked with Rocky Hill High School Principal Mario Almeida to assist in the coordination of welcoming our guests and working with their local liaisons, including Al Marotta.

Lisa Zerio and our interim Town Manager John Mehr joined in

It's not your standard funeral home... it's *the* standard in funeral homes.

When it comes to measuring levels of service, there are all the other funeral homes, and then there is ours. Come experience our unmatched commitment to excellence and comfortable surroundings and we think you'll agree.

D'ESOPO FUNERAL CHAPEL

WETHERSFIELD
277 Folly Brook Blvd.
(860) 568-6117

EAST HARTFORD
30 Carter Street
(860) 568-9420

www.desopo.com

Nationally recognized in the top 1% for excellence

© adfinity

the welcome at the event, as did former state senator Biagio "Billy" Ciotto. The event was also held in honor of one of our wonderful residents who was very active with the Italian community and the organization and who recently passed, Gaetano Tommy DiStefano. Mr. DiStefano's family, including his son Joe, was present for a touching recognition.

The show kicked off with a lovely serenade by the talented Antonio LaRosa, one of Rocky Hill's Summerscape camp counselors. This young man opened the event by beautifully singing "O Solo Mio" and Dean Martin's "Ain't That a Kick In the Head." Bravo, Antonio.

"Grazie" to the visitors and coordinators from both here and from Italy, from the cultural association, the theater group and the town. We look forward to their next visit.

Economic Development Director Ray Carpentino and I attended the Mayors' Fall Economic Forum held by the New England Knowledge Corridor Partnership. This forum involved mayors and economic development directors from New Haven to Springfield.

The speakers included a panel of the mayors from the five largest cities within the interstate Knowledge Corridor who discussed key economic challenges and opportunities confronting our communities. It was an interesting discussion and will hopefully help us in collaboration with neighboring towns.

Fire Prevention Week was Oct. 9-15. This year the National Fire Prevention Association's theme is "Don't Wait – Check the Date! Replace Smoke Alarms Every 10 Years." If you haven't done so in a while, please check your smoke alarms.

Thank you to Connecticut Street Legends Club President Chet Camilleri and his team for organizing and hosting the 11th Annual Benefit Car Show for the Rocky Hill Food Pantry. All donations were collected for the food pantry.

Many came out to enjoy the crisp fall air and view the many cars on display. There were also food, music and raffle prizes on hand. The winners received trophies. Members of the town staff were on hand to support the event as well.

By the time of the publication of this column, our annual Rocky Hill Fall Festival has taken place. This is always a great time and a well attended community event. This year is a very exciting one because, while it is always a fun time, our Parks and Recreation department has enhanced the event with a food truck festival.

As October draws to a close, we look forward to a safe and fun Halloween for all of our youth. Stay tuned for notice of Veterans Day ceremonies and remembrances.

As always, I welcome your input. Please feel free to contact me at cbaio@rockyhillct.gov, 860-258-2740 or on Facebook at Claudia Baio for Rocky Hill. Office hours are held on Fridays. **RHL**

Mayor Claudia Baio greets Joe DiStefano.

Ascot Catering

Thanksgiving Dinner

Thanksgiving orders can be placed until Thursday, November 17th by 5pm. Please call our office at 860-529-8889 or email us at events@ascotcatering.com. All orders available for pick up Wednesday, November 23rd between 11am and 6pm. 136 Main Street, Wethersfield, CT 06109

TRADITIONAL THANKSGIVING FEAST - SERVES 10 • $195.00

Whole Roasted Turkey (12-14lbs)
Traditional Turkey Pan Gravy
Traditional New England Stuffing
Creamy Red Bliss Mashed Potatoes
Haricot Verts, Carrots, Cauliflower
Cranberry Orange Relish
Dinner Rolls
Pumpkin Pie

SOUPS
Butternut Squash & Apple Bisque
Roasted Apples and Butternut Squash with a Hint of Cinnamon & Coriander
(**$12.95** per quart)

TURKEY
All turkey selections will be brined, rubbed with sweet cream butter, sage, thyme and ready for you to reheat.
Roasted Whole Turkey 12-14 lbs. (8-10ppl) $85.00

SIDES
Traditional New England Stuffing quart *(serves 2-3)* **$11.95**
Sweet Italian Sausage Stuffing quart *(serves 3-4)* **$13.95**
Creamy Red Bliss Mashed Potatoes quart *(serves 2-3)* **$11.95**
Mashed Sweet Potatoes quart *(serves 3-4)* **$7.95**
Sherry Mushrooms Crimini Mushrooms with a Hint of Soy, Sherry & Brown Butter quart *(serves 3-4)* **$8.95**
Creamed Pearl Onions quart *(serves 3-4)* **$8.00**
Haricot Verts & Roasted Carrots ½ pan *(serves 4-6)* **$9.95**

BREADS
Dinner Rolls 1 Dozen **$9.00**

SAUCES
Traditional Turkey Pan Gravy quart **$8.00**
Homemade Cranberry Sauce with Orange Zest pint **$7.95**

DESSERTS
Old Fashioned Apple Pie 10 inch **$15.00**
Pumkin Pie 10 inch **$15.00**
Pumpkin Cheesecake 9 inch **$30.00**
Chocolate Torte 9 inch **$30.00**

To advertise
call your advertising representative or
860-651-4700

The forecast calls for care-free living.

Take the worry out of winter and join The Heights vibrant, fun-loving senior community.
Move into one of our newly renovated, spacious apartments with all new carpet, paint and window treatments, *plus* an all new kitchen, featuring stainless steel appliances, granite counters and elegant lighting. Even your bath is new, from the stone-topped vanity to the travertine tile.

At The Heights you can live independently, free from all the worries of maintaining a home, *plus* have the peace of mind that comes with **priority access to our full continuum of health care services**.

We make your move easy!

The Heights is a rental community, so there's **no buy-in or entrance fee.** Move in soon and you'll also get:

- **FREE!** First Month's Rent
- **Up to $1,000** toward a Downsizing Specialist and Moving Company Services

Join us for our Holiday Tea!

Thursday, December 1st from 12 p.m. – 5 p.m.

Enjoy festive music, free refreshments and shopping! Our Villager Gift Shop has off-price designer clothing, accessories and gifts for all.

Come explore The Heights!

Join us for an Open House and Luncheon:

Sat., Nov. 12th,
Wed., Nov. 23rd
and Sat., Nov. 26th.

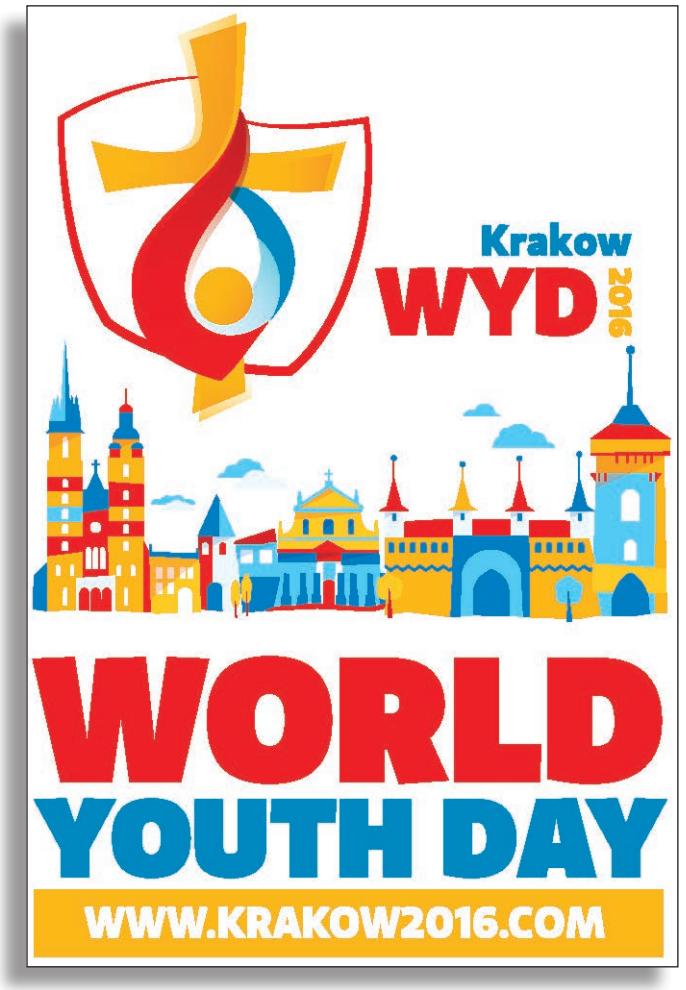
Event starts at 10:45 a.m.

For more information, or to RSVP for upcoming events, call:

860-953-1201
ext 403

The Heights
Avery Heights • A Village of CHI

550 Avery Heights • Hartford, CT 06106



Church youth visit Poland

Group from St. James Church takes part in World Youth Day event

by Mara Dresner
Staff Writer

For a Roman Catholic, few things are as exciting as being in the presence of the Pope. Even if it means traveling halfway around the world to do it.

It took selling jewelry and gift cards to grocery stores, hosting a pasta dinner and tag sales, selling T-shirts and finding sponsors, but this summer members of the St. James Youth Group of Rocky Hill attended World Youth Day 2016 in Krakow, Poland. The group partnered with St. Christopher Church in East Hartford and Holy Family Passionist Retreat Center in West Hartford to make the trip.

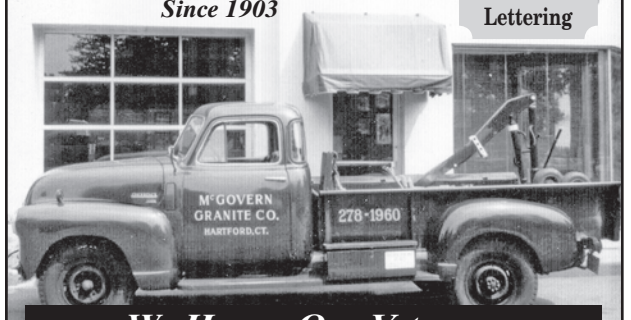
"What I think is important is for the kids to see other kids who believe in the same things they believe and also how they practice their faith. When we go to World Youth Day, they worship with other kids; they do activities such as concerts and plays and adoration; and there's just networking with kids from other countries," Sharon Gagne, youth minister at St. James, said.

"It gives kids the opportunity to meet kids from all around the world and learn about their culture and how they're practicing the same faith they are. There's no competition," she added.

TODD BROWN
Driven – Dedicated - Determined
My main goals are to cut spending and reduce debt.
I will make sure every tax dollar is wisely spent.
My energy will be focused on making Connecticut a better place for everyone.
Elect someone whose highest priority is to govern and re-election is secondary.
2012 $2.0 Billion Tax Increase
2014 $1.5 Billion Tax Increase
2015 Deficit $113 million
2016 Deficit $170 million
Is this the type of "Experience" you want to represent you in Hartford?
On November 8th Elect Todd Brown State Representative
Rocky Hill, Newington and Wethersfield
Together We Win
www.ToddBrown.com
Paid for by Todd Brown for Fiscal Responsibility, Andrea Beaty Treasurer

Participants in World Youth Day in Poland included, back row, Kevin Hadyka of the Holy Family Passionist Retreat Center in West Hartford; Joey Garabedian of St. Christopher Church in East Hartford and Connor Charamut of St. James Church in Rocky Hill; front row, Sharon Gagne and Koehley Czech of St. James Church; Amelia Herb of the Holy Family Passionist Retreat Center; Ginamarie Garabedian of St. Christopher; Patricia Charamut and Ed Charamut of St. James Church. The photo is Adam Giroux, who was originally slated to go, but was unable to make the trip due to an injury.

Courtesy photos

The McGovern Granite Company
Since 1903
Monuments
Markers
Lettering


We Honor Our Veterans
860-956-1960
432 Fairfield Avenue, Hartford (across from Cedar Hill Cemetery)
www.mcgoverngranite.com

GET MORE OUT OF...
LIFE
ADVERTISE WITH LIFE PAPERS
860.651.4700 • www.TurleyCT.com

OPERATION SWEATERS FOR VETERANS

Collecting new or gently used
SWEATERS & GLOVES
Saturday, Oct. 15th - Tuesday, Nov. 15th
NEWINGTON MEMORIAL
20 Bonair Avenue
Newington, CT 06111
860-666-0600
BURRITT HILL
332 Burritt Street
New Britain, Ct 06053
860-229-9021
www.duksa.net
DUKSA
FAMILY FUNERAL HOMES
PROUD MEMBER
Veterans & Family Memorial Care℠
PROUDLY SERVING THOSE WHO HAVE PROUDLY SERVED℠
PROUDLY SERVING THOSE WHO HAVE PROUDLY SERVED℠

Archbishop Christopher Charles Prowse, archbishop of Canaberra-Goulburn, poses with the group from Connecticut after running catechesis during World Youth Day in Poland.

"If you're on a soccer team, you're competing against kids from another country. Here, there's no competition. We're all here for the same reason. And the Pope is there, too, and that's a cool thing."

Gagne, a Rocky Hill resident, has written a book to guide people on their youth day experience called "The Ultimate Pilgrimage for Catholic Youth."

A group of 10 people from the area went on the trip. Another young man was scheduled to participate but broke an arm and was unable to join them; the group carried a photo of him with them throughout the trip.

The St. James Youth Group is open to high school students. They do a variety of activities, including community service, spiritual experiences, fund raising and social events, such as pumpkin decorating. The group is small, about 20 teenagers, although Gagne said they are

working on rebuilding.

"We are working on getting our numbers up," she said. "There is turnover with seniors leaving."

While the trip was under the banner of World Youth Day, the actual dates were July 22 to Aug. 3. They did some touring and the event itself was a weeklong experience.

Before the World Youth Day events, the group visited sites such as the Monastery of Jasna Gora, where they saw the Black Madonna Icon, as well as the Auschwitz concentration camp, which Connor Charamut, a senior at Rocky Hill High School, said was an important stop.

"[There were] hundreds of us all walking in silence and saddened by the events that occurred there before I was even born. The concentration camps were quiet, somber and eerie. It really made you think," Connor said.

The students then went to Kraków, where the World Youth Day events were held.

"Each day there's different things going on. On the first day, there's an opening mass with millions of kids from all around the world. That's a really cool experience with the kids. For the next three days, there's catechesis in the morning. That's the kids learning about their faith," Gagne said.

"One of the things that was awesome for us was we got to run catechesis. We helped lead the music and skits and work with the bishops. That was a great opportunity for us," she added.

"On the first day, there's an opening mass with millions of kids from all around the world. That's a really cool experience with the kids."

– Sharon Gagne

"In the evening they have different things to go to. One night was the Night of Mercy. It was in the Mercy Center, which is kind of like the XL Center. They had Catholic singers and musicians and praise and worship for the kids. It was a really powerful evening for the kids."

One of the highlights of the week came on the Saturday of the trip.

"We do a pilgrimage walk to a big field. We sleep overnight with three million other youth, and the Pope is there and does a vigil, and there's music and song. Everyone sleeps outside in a big field," Gagne said.

"You have to carry everything you need for overnight. We walked from 10:30 in the morning to 5:30 at night to get where we needed to be. We were hot, our clothes were stinky. You really couldn't do much about it. Everyone was like that."

Connor Charamut said the overnight experience had a profound impact.

"One of the many highlights was the pilgrimage to the overnight vigil with the Pope. We took a train for a few miles then walked the rest with three million other pilgrims from all over the world. Everyone was in a tight group and walked slowly together," he said.

"We met people from all around the globe and many of them spoke English. The vigil was a nice way to end the week. I was speaking to a man from Uganda and found out he was a priest. We just stood together in the field and took it all in. Everyone was so friendly," he said.

His parents, Ed and Tricia Charamut, were chaperones. Two sisters had previously participated in World Youth Day events: Lauren went to Australia in 2007 and Ellie went to Spain in 2012.

"They spoke about how much fun they had and my parents really wanted me to experience Poland, too. My father's family is all from Poland, so he and my mother came on the trip as

Welcome Home
to SummerWood!

Experience the SummerWood lifestyle at our award winning senior living community and enjoy a wealth of amenities. *Contact Valerie today to learn more at 860.523.3808 or vbartos@hoffmansummerwood.org*

Hoffman SummerWood Community
A Member of the Hebrew HealthCare Family
160 Simsbury Road, West Hartford www.hoffmansummerwood.org
EQUAL HOUSING OPPORTUNITY

FULL SERVICE INTERIOR DESIGN • CUSTOM UPHOLSTERY and WINDOW TREATMENTS • FABRICS • FURNITURE

HOLIDAY SALE GOING ON NOW

FULL SERVICE INTERIOR DESIGN
CUSTOM UPHOLSTERY and WINDOW TREATMENTS
FABRICS | FURNITURE

Visit The Original Ehrlich Interiors Since 1902
Schedule online a home or office consultation

EHRLICH INTERIORS
Inspired design with you in mind

Stop in or Call today
860-678-0111
VISIT OUR SHOWROOM AT:
2 EASTVIEW DRIVE | FARMINGTON
MON-FRI 10-4
EHRLICHINTERIORS.COM

FULL SERVICE INTERIOR DESIGN • CUSTOM UPHOLSTERY and WINDOW TREATMENTS • FABRICS • FURNITURE

chaperones," Connor said.

"My two daughters really had wonderful experiences and spoke about it as a life-changing event. The most striking part of the trip was seeing all the kids from around the world celebrating their religion. There were long lines with three million people and no pushing. Everyone tried to talk to each other regardless of the language barrier," Tricia Charamut said.

"The happiness and excitement from the youth was really contagious and special to be a part of. You could feel the energy. St. James has participated in many World Youth Days and I believe it's valuable to continue having this available for the future youth," she added.

"I think that kids when young and studying religion don't realize how so many practice and study the same religion around the world. It's a great way to deepen the faith and understanding."

Koehley Czech of Cromwell, who's a freshman at the University of Connecticut, was a member of the youth group for four years during high school and participated in the trip this summer.

"I wanted to go on the trip because it is a once-in-a-lifetime opportunity where you experience things you wouldn't have anywhere else and you get to meet some pretty cool people that you wouldn't have if you didn't go on the trip," Czech said.

"I liked that even though religion and church isn't considered 'cool,' there are other youth that do think religion and church is important."

Some of the most important moments came during the less-planned moments, such as when the students traded American flags or other items they had brought. Gagne emphasized the need for kindness and patience.

"You need to be patient because there are long lines, especially getting into the venues. You need patience to wait in lines for the porta potties," she said.

"I stress before we leave that this is not a vacation. We're going on a pilgrimage. There will be some sacrifices along the way. There will not be all the comforts of home. You may be waiting in line, the food might not be what you get at home."

She was struck by the kindness of the people they met, whether it was a taxi driver who stayed with the group to translate for them, someone helping to secure vegan food or simply not reacting when you'd accidentally bump into another pilgrim on the street.

"You're walking in crowds literally arm to arm. Nobody gets angry because you bump into them. They just turn around and start talking to each other," she said.

This was her seventh World Youth Day. She is still astounded by the connections that are made. Three years ago in Rio de Janeiro, a pilgrim stopped her.

"He said, 'I know you. You led my catechesis in Rio.' That was a cool experience. What are the chances that you'd meet someone from Uganda again?" she said.

She added it's powerful for the students to come together with others who share their faith.

"We all believe in the same thing. When we went to mass, it was a really cool thing to see. With 'Our Father,' I say it in English, another person says it in Spanish and other languages. We're all saying it together and seeing how one we are," she said.

"You hear all the bad things on the news. We didn't watch television. You're almost in a bubble there and you didn't hear all bad things. It reminds you of the good in the world."

Connor Charamut is ready to continue to be part of his church.

"The youth group is a good way to raise funds to help the needy and to get us to learn more about our church. I brought back the knowledge and understanding that there was so many kids from all around the world that believe in Jesus," he said.

The next World Youth Day will be held in 2019 in Panama. Gagne said fund raising will start soon for a new group of students to attend that event. **RHL**

Learn more about Sharon Gagne's "The Ultimate Pilgrimage for Catholic Youth" at sunshinelife.net. Learn more about St. James Roman Catholic Church at stjamesrh.org.

Count on Cromwell Energy for all of your home comfort needs!

With over 30 years serving the greater Middlesex and Hartford Counties, we understand what is important to our customers - honest, fair, and dependable service.

- Premium Home Heating Oil
- Natural Gas System Installation & Repair
- Heating Systems
- Central Air Conditioning
- Generac® Generator Installation
- Water Heater Installation & Repair
- Oil Tank Installation & Removal

308 Main Street, Cromwell, CT 06416
www.CromwellEnergy.com
CT License S1-0403939
HOD 163

Personalized Care for Every Smile

- Sedation Dentistry
- Bonding & Veneers
- Cosmetic Dentistry
- General/Family Dentistry
- Invisalign
- Dental Implants
- Green Dentistry
- Teeth Whitening

THADDEUS S. MICHALSKI D.M.D.
GENERAL, COSMETIC AND IMPLANT DENTISTRY
Blending the Art & Science of Dentistry

15 Rhodes Road, Rocky Hill
www.michalskidmd.com
facebook.com/dentistrockyhill
Member American Academy of Cosmetic Dentistry
(860) 563-4544

Read all our publications online at TurleyCT.com

Preparing future leaders

Prestigious police training program offered for first time in the Northeast

by Mark Jahne
Editor

Recently, 42 lower and middle management police personnel gathered for 10 weeks in the training room of the West Hartford Police Department to participate in the Command Officers Leadership Course taught by the Southern Police Institute.

SPI is part of the Division of Criminal Justice in the College of Arts and Sciences at the University of Louisville.

The object of the class is to prepare the next generation of men and women who will run police departments all over the country. Teaching them how to handle the challenges and pitfalls they may face will make them better prepared for senior management.

Lt. Michael Perruccio, commander of the WHPD training

"The whole idea of this course was to get people from different areas and different regions together."

– Lt. Michael Perruccio

Read our publications online.

It's easier than ever to navigate through the pages of our publications. You can download individual pages as PDFs. Make us your homepage for local news, events, and much more!

TurleyCT
COMMUNITY PUBLICATIONS

The West Hartford PRESS • The Valley PRESS • Valley LIFE • West Hartford LIFE
Rocky Hill LIFE • Wethersfield LIFE • Glastonbury LIFE • Newington LIFE

www.TurleyCT.com

Brook Wealth Management, LLC
Your Bridge to Financial Success

DREAMS... *Don't Retire!*

We encourage you to enjoy the wealth you've worked so hard to build while helping to preserve it at the same time. After all, true wealth is not about money; it's about the experiences we share with those we love.

1090 Elm Street, Suite 102, Rocky Hill
Telephone: 860 257-8688
Fax: 860 257-8690

Private Wealth Management For Select Individuals

Securities offered through LPL Financial, Member FINRA/SIPC

Courtesy photo

Members of the class pose for a photo on the steps of West Hartford Town Hall. Rocky Hill Lt. Rob Catania is at the far left in the front row.

division, said it is a highly prestigious class with a strong national reputation. This is the first time the institute came to New England and he was delighted to play host.

"This is their flagship program," he said.

Officers from all over the state, as well as a few from Massachusetts, registered to attend the program with financial support from the J. Allen Lamb and Edward S. Pocock III Foundation. Pocock is a retired Southington police captain.

Participants ranged in rank from sergeants to lieutenants, captains and deputy chiefs.

"The whole idea of this course was to get people from different areas and different regions together," Perruccio said. "There really wasn't a lot [else] offered for mid-level training."

The group began meeting in April and recently celebrated its completion. It ran in cycles, with two weeks on and two weeks off. Many participants become involved in staff studies and small group projects and Perruccio said their dedication to that was impressive.

"We've talked about pursuits, community relations, budgeting, recruitment and retention" and much more, he said.

A constant presence in the classroom was Gil Frazier, a retired deputy police chief from Hollywood, Fla., and SPI leader. He teaches a course entitled Managing a Small Law Enforcement Agency.

Featured speakers included a top administrator from the Kentucky State Police, an assistant chief from Tampa and a representative of Scotland Yard.

On one particular day, the guest speaker was Lt. Rudy Gonzalez of the Miami/Dade County Police Department in Florida. He focused on internal affairs structures and investigations.

Gonzalez spoke about how to handle high-profile investigations, the importance of fair and equal discipline, corruption in the ranks, how to prevent problems from occurring and what to do about the one or two officers who tend to cause the majority of a department's headaches.

Frazier was pleased with the quality and intellect of the people who registered for this program. He called them highly motivated.

"A lot of people in that room are fairly sophisticated. They know their jobs well," he said.

But that doesn't mean they can automatically move up to the next rank. They need to understand the practical applications that come with each step up the career ladder.

"There is a transition to be made from first-line manager," he said. "Most of what we teach is on a federal level."

Frazier enjoyed his time in Connecticut and the welcome he received from his students and, in particular, WHPD. He also appreciated what he called excellent feedback from the participants.

"The hospitality up here has been fantastic," he said.

SPI is so impressed with the quality of the law enforcement professionals who signed up for this class that Frazier said it plans to bring the program back to the Northeast next year, most likely to the Boston area.

The recent killings of police officers in Dallas and Baton Rouge, as well as highly publicized police shootings of black men, were

Back, Neck Shoulder or Joint Pain

Visit us for any pain that affects your daily activities: work, sleep, sports, recreational hobbies, walking, balance and falls.

Apex Physical Therapy

New, Spacious State-of-the-Art Center

Same Day Appointments

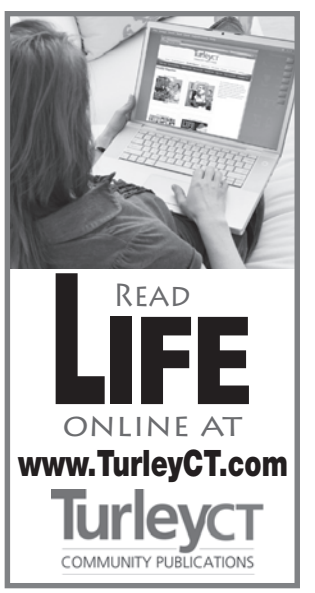
Most Insurance Accepted M-F 8am-7pm

Anand Bishnoi
DPT, MS, PGDR, PGDB

Highly qualified, very skilled Physical Therapist.
Over 35 years of Experience.
Specializing in Orthopedic - Sports - Geriatrics
Manual Physical Therapy

825 Cromwell Ave., Rocky Hill **860-257-3779**

Call for an appointment or a FREE Consultation



Lt. Rudy Gonzalez of the Miami/Dade County Police Department in Florida gives a presentation on internal affairs policies and procedures.

discussed frequently during the course of the program.

They also studied in depth the report that was issued following an investigation of a high-profile incident in Ferguson, Mo., in which an officer shot and killed a black teenage boy.

"We've talked a lot about those things here in this class. It's a difficult job and it's not going to get any easier," Frazier said.

Today's police officer is, in general, more highly educated that those of previous generations, and he considers that a valuable component of any police agency.

Two of the participants were brothers Rob and Mark Catania, veteran officers from Rocky Hill and Glastonbury, respectively. Both hold the rank of lieutenant. They greatly enjoyed the class.

Rob Catania said not every officer wants to take on additional rank or responsibility, but those who do can benefit greatly from a course such as this one. He praised the instructors for their skill and knowledge.

"It's excellent. We had a pretty exciting section in dealing with the different generations of cops. There are a lot of very good leaders in this class, a lot of potential chiefs. It's been a really rewarding experience."

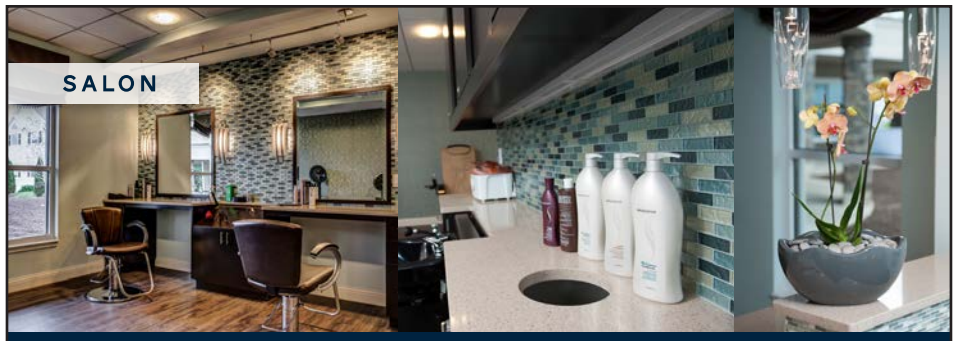
He said policing in the United States differs somewhat from one region to another and a national case like the ones currently in the news can highlight those differences and allow participants to learn new outlooks and skills. Most of the students displayed great enthusiasm and arrived early for class on a consistent basis, he added.

"It's a whole new outlook on a couple different aspects of the job," Mark said. "There are 42 different opinions, 42 different ideas" among the participants. "I think it's going to help me get to the next step on the command staff."

He has learned a great deal not only from the course materials and speakers, but also from the other students. One important area he mentioned was how messages from senior police management should be presented to rank and file officers, as well as the general public.

It gave him a whole new outlook on what is expected from high-ranking officials by those two constituent groups, he said. He looks forward to sharing what he has learned with his fellow Glastonbury officers.

Mark also said he made a lot of new friends through the class and enjoyed the opportunity to network with those from other departments. **RHL**



HERE'S THE *Beauty* PART

A New Salon And Spa Experience At Seabury

At Seabury, our "Wellness For Life" philosophy is the foundation of everything we do. With our new salon and spa, we've made some extra room for pampering as well. Male and female residents can now enjoy a full service salon and spa experience with two expert stylists, pedicure and manicure stations and a private massage therapy suite. We've carefully designed this space for maximum comfort and relaxation, with state-of-the-art equipment and the finest products and amenities. Come take a look for yourself. You won't ever want to leave.

Construction is underway on the next two phases of Seabury's expansion, including 68 new independent living residences scheduled to open in the Fall of 2017. We are now accepting applications for residence from adults 50 and over. **Learn more about how to reserve your future home at our monthly informational sessions on every 1st Thursday at 1:30pm and every 3rd Wednesday at 10:30am. Call (860) 243-6081 or (860) 243-4033 for reservations or e-mail info@seaburylife.org.**

Seabury
An Active Life Plan Community

GET *Busy* LIVING

BEST OF Hartford MAGAZINE 2009 2010 2011 2012 2013 2014 2015 2016

CARF ACCREDITED

ICAA

200 SEABURY DRIVE | BLOOMFIELD, CT 06002
(860) 286-0243 | (800) 340-4709
WWW.SEABURYLIFE.ORG | INFO@SEABURYLIFE.ORG

READ **LIFE** ONLINE AT **www.TurleyCT.com**

Revelers test their skills at pumpkin bowling.

Courtesy photos

The annual Halloween on Main fall festival returns the afternoon of Oct. 22.

Don't miss it

Halloween on Main festival returns Oct. 22

by Mark Jahne
Editor

It didn't take long for Halloween on Main to become arguably the biggest and most popular event in Cromwell. People are expected to flock to the downtown section of town Oct. 22 for this year's fifth annual event, presented by the Cromwell Merchants Association.

The festivities run from 4-8 p.m. Featured activities include a haunted house, haunted hayride, Safari Animal Rides, Trick-R-Trunk, bonfire, s'mores, trick-or-treating, food truck vendors, a visit by Ronald McDonald and other special guests.

CMA leaders Rodney Bitgood of Cromwell Automotive and Cara Ehlers of Liberty Bank took a break from all of the planning and preparations to talk about this year's event. He is president of the CMA and she is the vice president.

Bitgood said it requires a great amount of work and coordination to ensure a successful event. Attendance has grown each year and he estimates 5,000 people turned out this past fall. Ehlers was asked what has made Halloween on Main such a success.

"I think it's the ideas. Things just keep coming up and Rodney says 'let's try it,'" she said.

They are delighted with the level of support they receive from volunteers, the school district, fire department and town government, all considered crucial factors.

"Everybody wants to see it successful," Ehlers said.

> **"It's Cromwell's fall festival."**
> **– Rodney Bitgood**

"We spend the whole year planning for it," Bitgood added.

They are preparing for an even larger turnout this year and some changes have been made to accommodate that, as well as to make the event even more appealing. For the first time, Main Street will be completely closed between South and West streets.

Parking will be available at town hall and two additional locations: FibreDust and Cromwell Growers, both on New Lane. Shuttle bus service will be available between New Lane and the downtown event site.

Another change is that all of the

Doogie's
SINCE 1982
&
THE CLAM DIGGER
FISH & CHIPS PLATTER
$6.00 with the Purchase of a Beverage
Eat in Only
Friday, Oct. 21 thru Sunday, Oct. 30th
Newington location only!
Coupon must be present • No phone orders
2525 Berlin Tpke • Newington • 860-666-DOGS

Rodney Bitgood, left, and Cara Ehlers, next to him, are the leaders of the Cromwell Merchants Association, the organization that produces Halloween on Main. They are joined by Jay Diclemente, Nicole Phillips and Town Planner Stuart Popper.

related events will be held in the closed section of Main Street, including Trick-R-Trunk, previously located at Pierson Park. Don't forget pumpkin bowling.

To top it all off, there will be a fireworks display at 8:30 p.m. The two organizers believe a big reason for Halloween on Main's popularity is because it is a family event that all ages can enjoy.

"It's Cromwell's fall festival," Bitgood said.

People tell him they see friends and acquaintances at Halloween on Main whom they may only see once or twice a year. Former residents return to town for this event. They also think it was advantageous to change the event from a Friday evening, which is when it took place the first three years, to a Saturday evening last year and this year.

Bitgood said Halloween on Main was originally the brainchild of Mertie Terry, the last first selectman to serve before Cromwell changed to a council/manager form of government , and Town Planner Stuart Popper.

"They got the businesses downtown together to decorate for fall and put on some sort of event for Halloween," he recalled.

There was concern that the whole inaugural event could fail miserably because of the weather; Hurricane Sandy was bearing down on the northeastern United States. But it went off without a hitch and was more successful than anyone predicted.

"Our entire event involved painting pumpkins and trick-or-treating at the businesses downtown," Bitgood said.

Giant stuffed animals on wheels from Safari Rides are one of many popular attractions.

Eye patients "going under the knife" will be relieved to hear there is no knife.

Laser cataract surgery makes blades a thing of the past.

Considering cataract surgery but nervous about the idea of a blade in your eye? Our laser cataract surgery lets surgeons view the eye in three dimensions and use a laser light beam to create incredibly precise incisions. No knives necessary. To make an appointment, call **1.855.HHC.EYES.**

505 Willard Avenue,
Building #3,
Newington
EyeSurgeryCenter.org

Hartford Hospital
Eye Surgery Center

Ehlers said so many people showed up that they ran out of pumpkins to paint and had to scramble to purchase more. That gave them an inkling how popular this event would become and they have enhanced it ever since.

"We went through 300 pumpkins that first year," Bitgood said.

Garden's Dream is donating all the pumpkins this year. That's just one example of the support the CMA is receiving from local businesses. The Woodside Intermediate School/ Edna C. Stevens School PTO has joined forces with the CMA as partners for the entire event.

"We have a lot of generous sponsors for this event," Ehlers said.

It costs money to put on this one-day festival but they always look for ways to keep as many of the attractions as possible free. But they can't do that for everything. Wristbands will be available for the various children's rides at a cost of $7.

She gave her partner the credit for doing more work than anyone else to make sure that Halloween on Main is bigger and better every year.

Everybody belly up to the s'mores pit.

He deflected that praise to all those who come forward to assist them.

"Our core volunteer group, we're lucky," he said.

"They're very dedicated," Ehlers added.

This past year, Bitgood came up with the idea of a rock-climbing wall. He said it was a huge hit with children. So was Safari Animal Rides, an opportunity for people of all ages to ride stuffed jungle animals on wheels.

"We also started doing up s'mores. We ran out – 500 s'mores [went] in the first hour last year," Ehlers said. **RHL**

In the event of rain, Halloween on Main will be postponed until Oct. 29. To learn more about the Cromwell Merchants Association visit cromwellmerchantsassociation.com. To learn more about Halloween on Main see that website or look for it on Facebook.

The Dental Center, LLC

Our family-centered private practice is welcoming new and existing adult and pediatric patients to our newly renovated, state-of-the-art, dental practice!

David P. Bell, D.M.D.

Barbara Honor, D.M.D.

Brian D. Bell, D.M.D.

www.TheDentalCenterLLC.com

Emergency Patients Welcome

2304 Berlin Turnpike, Newington 860-666-1000

42 Wintonbury Mall, Bloomfield 860-242-1230

30+ Years of Honesty, Integrity & Service

Sara W. Felter
GRI, CRS

(860) 573-8008

sara.felter@cbmoves.com
www.sarafelter.com

COLDWELL BANKER

1331 Silas Deane Hwy.
Wethersfield

Save with your award-winning local GEICO agent!

Get a free insurance quote from David Johnson, the 2016 Newington's "Best Of" Insurance Agency winner and see how much you could save.

860-667-0877
2315 Berlin Turnpike | Newington

GEICO Local Office

Some discounts, coverages, payment plans and features are not available in all states or all GEICO companies. GEICO is a registered service mark of Government Employees Insurance Company, Washington, D.C. 20076; a Berkshire Hathaway Inc. subsidiary. GEICO Gecko image © 1999-2016. © 2016 GEICO

TurleyCT Community Publications

Life Publications The Valley Press The West Hartford Press

To advertise call 860-651-4700 • TurleyCT.com

Classic cars displayed to benefit food pantry

The Connecticut Street Legends sponsored a classic car show Sept. 25 in the Michel Angelo's Plaza on Cromwell Avenue. Meticulously restored cars from bygone days were displayed for visitors to enjoy. Proceeds from the show benefited the town's food pantry.

You don't have to go to Cuba to see classic DeSotos still on the road. This 1955 Fireflite boasts of allowing the operator to drive without shifting, a novel concept at the time.

This Plymouth Coupe dates from 1933 and look more like a hot rod.

This Chevrolet Impala dates from 1958.

Russ Ryan of Newington brought what was arguably the most unusual vehicle. His 1972 Volkswagen Westphalia doubles as a pop-up camper than can comfortably sleep five.

If this car looks unusual, perhaps it because most Americans have never seen anything like this British 1947 Standard Motor Co. Tourer.

photos by Mark Jahne

Advocating for a new school

Home-grown political action committee urges yes vote in referendum

by Mark Jahne
Editor

Their message is simple – they want people to vote yes on the referendum question that will be part of the Nov. 8 ballot to allow the town to fund construction of a new intermediate school.

A local political action committee called Stay Invested was formed by advocates of that school. The Board of Education and Town Council are proposing to construct a new building on the site of the vacant Moser School to serve as an intermediate school for grades 4-5.

Both elementary schools are overcrowded, even with multiple portable classrooms on their grounds. An intermediate school is seen as a way of alleviating that problem.

If built, it would feature a modern STEM curriculum (science, technology, engineering and math), as well as world language classrooms. The town would be able to remove the 14 portable classrooms currently standing at West Hill and Stevens schools.

More than 300 students at the two schools spend almost their entire day in portable units, according to the district administration. A fifth-grade class has already been moved to Griswold Middle School, but that is not seen as a viable long-term solution.

District data indicate that elementary school enrollment is expected to increase by an additional 253 children over the next three years. If a new school is not built, that means even more portable classrooms would have to be leased.

ing at Still Hill Brewery on Cromwell Avenue the evening of Sept. 27.

Lisa Marotta, an attorney and parent of a school-age child, is chairman of the organization.

Other leaders include Vice Chairman Bryan Addy, Deputy Secretary Leslie Kerz, committee leader Tom Cosker, Jen Carlstrom and Treasurer Angie Inho. No organized group opposing the referendum is known to have formed.

Marotta met with a group of senior citizens to explain why her group is pushing for a positive vote.

"This is such a solid plan. For years, we were looking at other options."

– Lisa Marotta

Stay Invested has embarked on a campaign to use various means to communicate its message to voters. Small fundraisers have been held to fuel that effort, including a beer tast-

She said they were somewhat hesitant to support the plan, perhaps in part because the cost to construct a new school exceeds $48 million. Approximately $17 million of that will be reimbursed by the state.

She empathized with them over their frustration from asking so many times, and so many years, for a larger senior center, only to be repeatedly passed over for other capital projects.

"Most of their concerns stem from the fact that they're frustrated over not having a senior center" other than the current space in town hall, Marotta said.

Her response is that the town has a quality public school district and those who are seniors today helped to make it that way when they were young parents.

The new school will be available for other uses in the evening and on weekends.

"It really is more of a community project," she said.

If approved, the timeline calls for the doors to open in the fall of 2019. Marotta said other school issues, such as renovating the high school, have been addressed, and elementary school overcrowding is next in line to be resolved.

"This is the last piece of the

The Webb-Deane-Stevens Museum Shop
Halloween Gifts & Decorations!
... Vests for Men
... Ponchos for Ladies
... Hats for Children
221 Main Street • Wethersfield • 860.529.0612
Open Daily (Except Tuesdays)
10am-4pm • Sundays 11am-4pm

Read all our publications online at TurleyCT.com

puzzle," she said.

"The [school] population continues to grow. We need to do something," Cosker said.

He further contended that, while local children are already receiving a solid education, it would be even better if class sizes were smaller and schools less crowded.

Addy, who also serves on the Public Building Commission, hopes to engage all segments of the community in the process if the referendum is approved.

"I'd like to get the community involved in the design," he said.

Addy said it is important to make sure that the design fits in with the nearby neighborhood, a mix of private housing and units operated by the Rocky Hill Housing Authority. Another opportunity for public input could be in selecting a name for the school.

He added that the school district is still catching up to other changes in the town.

Kerz said she has read studies that indicate people are willing to spend 5 percent above their budgets to purchase a home in a town that has a high-quality school system. It's just one of many reasons she believes families move to Rocky Hill.

"We have business growth, we have open space," she cited as two examples.

She firmly believes that elementary school students come home mentally fatigued from having to spend their day in such crowded conditions.

"We have great teachers, we have a great school system. We need to give them the space to work," Carlstrom said.

She acknowledged that people are worried about tax increases but pointed out that many other area towns have higher taxes.

"Our town is growing ... we need to bring our infrastructure up to speed," including the schools, she said.

"It's not a problem, it's an opportunity," Kerz said. "It's a well-thought-out plan."

Marotta praised the intermediate school concept and initial plans presented at a public hearing several weeks ago.

"This is such a solid plan. For years, we were looking at other options," she said.

One of the challenges, she added, is getting the public to approve of additional spending in a year when local taxes went up 6 percent. There is also concern that an additional referendum on the ballot asking residents to fund the acquisition of utility poles and transition to more efficient LED street lights could complicate the process.

Lawn signs, phone calls, additional talks with senior citizens and the chamber of commerce are all in the plans. Representatives of Stay Invested also plan to stand outside the polling places on Nov. 8 to answer questions and encourage people to vote for the new school.

Marotta is pleased that both the council and school board have endorsed the referendum. Now it's up to the public to decide. **RHL**

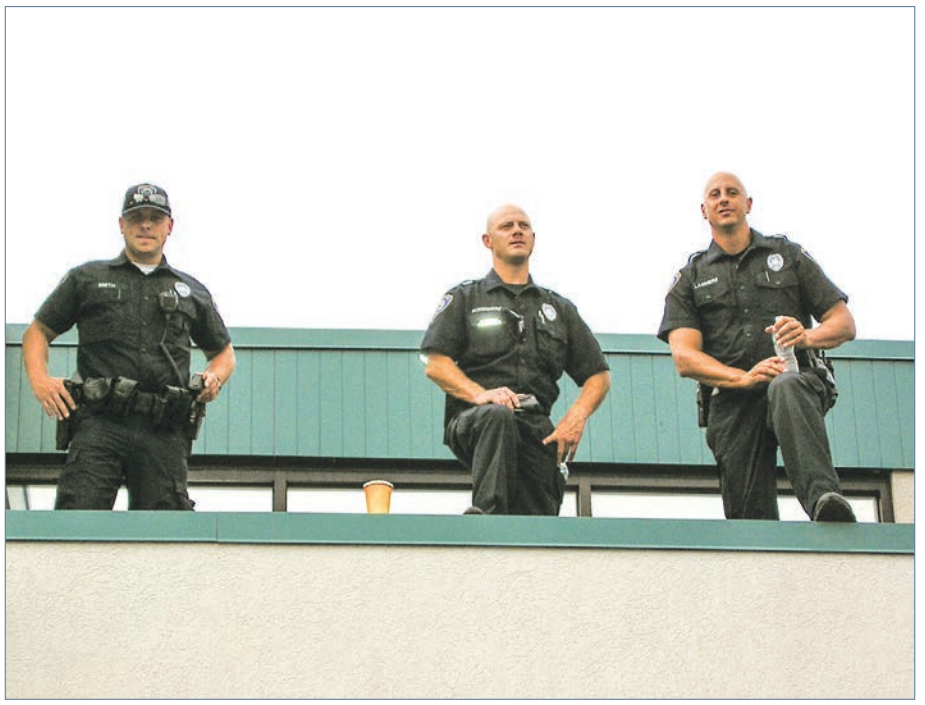
Tom Cosker, left, leads a discussion at a fundraiser held by Stay Invested Sept. 27 at the Still Hill Brewery on Cromwell Avenue. The group is advocating for a yes vote on a referendum to fund construction of a new public intermediate school. To the right are state Rep. Tony Guerrera and state Sen. Paul Doyle.

READ
LIFE
ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS

STEVE'S PLACE
Since 1969
GIANT GRINDERS • PASTA • DELI • SALADS
Coming in November...
Every 1/2 Grinder (8 inch)
after 4pm $6.99
With this coupon. Expires 11/30/16
Steve's Place
Restaurant & Deli
84 Market Square
Newington
860.666.5975
366 Cromwell Ave.
Rocky Hill
860.721.8545

THE DOGGIE CASTLE
Daycare • Grooming
www.thedoggiecastle.com
197 Shunpike Road, Cromwell
860-635-0111

News roundup



Up on the roof

Officers Joseph Smith, Anthony Bongiovanni and Jon Lammers of the Rocky Hill Police Department climbed up on the roof of West Side Marketplace Sept. 23 to solicit contributions in support of Special Olympics Connecticut. The department will once again participate in the Law Enforcement Torch Run leading up to the organization's annual state games.

Police divers honored

The Town Council honored two members of the Rocky Hill Police Department who participate in the CREST regional dive team. Mayor Claudia Baio is shown reading the text of the inter-town cooperative award to Sgt. Steve Morgan, left, and Officer Jon Lammers.

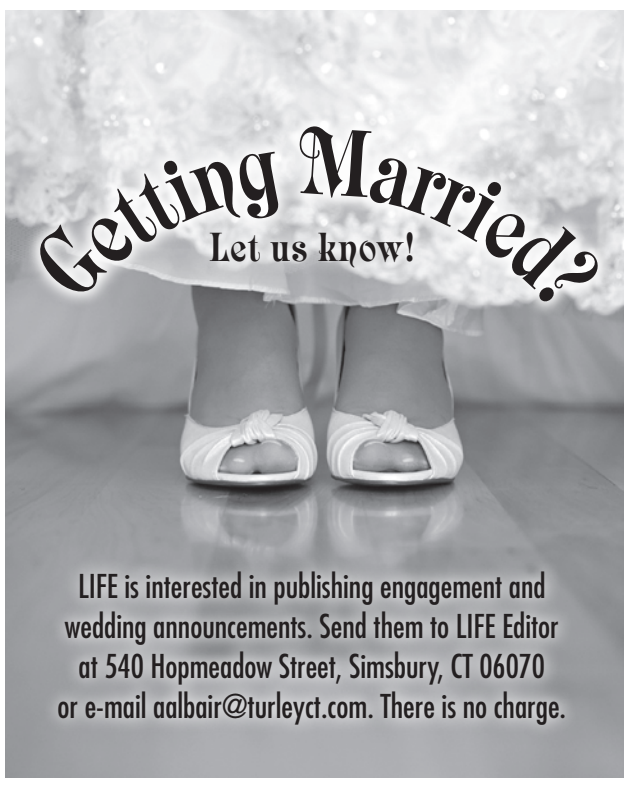
Morgan is a supervisor and Lammers tends the line while others are diving. The two men talked about the importance of having diving skills in a town that borders the Connecticut River and how they are sent out to find submerged bodies and evidence of a crime that may have been tossed into the water.

Team members travel all over the Hartford region and dive in rivers, lakes, ponds and other bodies of water as needed. Their technology includes cameras, metal detectors, sonar and underwater radio communications.

Other towns that participate in the CREST dive team include Wethersfield, Glastonbury, South Windsor, Hartford, West Hartford and East Hartford. There are 15 members combined who train on a monthly basis.

"We go into water that most people don't want to go in and look for things most people don't want to find," Morgan said. **RHL**

MEDI-WEIGHTLOSS® WETHERSFIELD
IS NOW AN IN-NETWORK PROVIDER WITH
Anthem BlueCross BlueShield* AND Cigna
Our patients lose up to 10 pounds the first week and up to 20 pounds the first month!†
Kathy, actual patient, lost 50 pounds!†
BEFORE
At Medi-Weightloss®, there is no "one size fits all" approach. Let our Medi-Weightloss® experts design your weight loss plan based on your health, medical history, goals, and food andexercise preferences.
FREE ASSESSMENT
MEDI WEIGHTLOSS®
The one that works!®
WETHERSFIELD
1283 Silas Deane Hwy.
Wethersfield, CT 06109
860.249.8659
MediWeightloss.com
*Not all products and/or services may be covered. Contact your carrier for details. † On average, patients compliant with the Medi-Weightloss® Program lose 6.4 pounds the first week and 14 pounds the first month. Rapid weight loss may be associated with certain medical conditions and should only be considered by those who are medically appropriate. © 2016 Medi IP, LLC. All Rights Reserved.


Getting Married?
Let us know!
LIFE is interested in publishing engagement and wedding announcements. Send them to LIFE Editor at 540 Hopmeadow Street, Simsbury, CT 06070 or e-mail aalbair@turleyct.com. There is no charge.

Where to FIND IT

Pasta-bilities

Cooler days mean it's perfect pasta weather! Don't settle for ordinary when you can choose from more than a dozen varieties of freshly made ravioli! Opt for a family favorite, such as cheese, or try a new variety including spinach and sausage, tenderloin and bacon, eggplant and mozzarella, lobster, portabella mushroom, white bean and kale, or roasted red pepper and smoked mozzarella. Be sure to stock up on limited time seasonal flavors, including butternut ravioli and pumpkin ravioli. And pick up a sauce for a homemade dinner in a flash! You'll find them at DiFiore Ravioli Shop, 397 Cromwell Ave., Rocky Hill, 860-25PASTA, difioreraviolishop.com.

Handy Umbrella

On rainy days that can't be spent inside, these Vinrella umbrellas in a bottle are both a stylish and practical choice. The umbrellas fold up and fit into a small plastic bottle which comes in a variety of colors and styles. They can be found at The Paper Station, located at 29 E. Cedar St, Newington. For more information, visit www.yourpaperstation.com.

SILAS DEANE AUTO
REPAIR | ALIGNMENT | SALES
WINNER BEST OF ROCKY HILL 2016

STANDARD OIL CHANGE
$10 OFF
✓Includes Napa ProSelect Filter *Most Cars
✓Starts at about $20 w/Coupon
✓Taxes & Disposal Fees Additional
✓Call or Email us for an Appointment
Chevron Supreme
✓5w20 ✓Napa
✓5w30 ✓10w30

BRAKE SPECIAL
Save As Much As $100
✓$40 OFF Front Brake Pads/Rotors
✓$40 OFF Rear Brake Pads/Rotors
✓$20 OFF Brake Fluid Flush

SYNTHETIC OIL CHANGE
$15 OFF
✓Includes Napa Gold Filter *Most Cars
✓Napa Oil Starts about $35 w/Coupon
✓Mobil1 Oil Starts about $49 w/Coupon
✓Taxes & Disposal Fees Additional
✓Call or Email us for an Appointment
NAPA SYNTHETIC
✓0w20 ✓5w30
✓5w20 ✓10w30
Mobil 1
✓0w20 ✓5w20
✓0w30 ✓5w30
✓0w40 ✓5w40

GREAT TIRE PRICES
Save Up To 35% OFF REGULAR RETAIL PRICES
✓All Tire Makes Included
✓Call or Email us For a Quote
✓Contact With Any Questions

LOYALTY DISCOUNT
Valid Only on Prior Quotes From Jan 2016 –Sept 2016
10% OFF
✓Did We Recommend a Repair? Not Done Yet?
✓We Will Take 10% OFF Prior Recommended Repairs
✓Can Not Be Combine With Other Discounts
✓Not Included: Dealer Parts, Tires or Batteries
LIFE-8 Expires 11-30-16

WHEEL ALIGNMENT
$69.99
✓Center Steering Wheel
✓Correct Drifting or Pulling
✓Some Vehicles Require Additional Parts/Labor
✓Lowered Vehicles Welcome But Additional

QUALITY PRE-OWNED CARS & TRUCKS

860-436-6211
Weekdays 7-6 | Sat 7-2
1801 Silas Deane Hwy
Rocky Hill, CT 06067
Sales@SilasDeaneAuto.com

It's Time to
Connect Your Business
Call us today at 860.651.4700, and let's talk about a print and online media plan that fits your business's needs and budget.
TurleyCT
COMMUNITY PUBLICATIONS
The West Hartford Press • The Valley Press
Valley Life • West Hartford Life • Rocky Hill Life
Wethersfield Life • Glastonbury Life • Newington Life
860.651.4700
www.TurleyCT.com

Real Estate

WILLIAM RAVEIS
REAL ESTATE • MORTGAGE • INSURANCE

The Largest Family-Owned Real Estate Company in the Northeast

PREMIERE HOME TEAM
MIRELLA D'ANTONIO & ASSOCIATES

860-997-1600 • Mirella.DAntonio@Raveis.com

CONSISTENT RESULTS • CARING • AWARD-WINNING

Welcome Back
Adriana Tine
to Premiere Home Team!

860-729-2955

#1 IN ROCKY HILL FOR BUYER SALES VOLUME IN 2015

WETHERSFIELD $364,700
3200 SF 2-family home, Emerson School district. 1st flr: 4 BR's, 2 Baths... 2nd flr: 2 BR's, 1 Bath, 2-car garage. Just renovated 2016, ready to move into.

WEST HARTFORD $525,000
Outstanding 3800 sf 5 BR Col/ 3 full bths, 2 half-bths, 2-Car att Gar. Amazing MBR Suite w/sitting rm & FP, Jacuzzi. Poss.Au Pair set-up or home office. Great loc West of Mountain Rd not far from Center.

WETHERSFIELD $249,900
Distinctive 3 Bedroom, 1.1 Bath Colonial with 2-Car Garage, Hardwood Floors, Fireplace, CAIR, close proximity to schools, library, shopping - you'll love this home!

ROCKY HILL $153,900
2 BR, 1.1 Bath Townhouse in Raintree Community. Cath Ceiling, FP, French Patio doors to peaceful patio. 1 car att gar. Updated baths & windows. Gas heat. Great location!

ROCKY HILL $359,900
420 Old Main St. What a home! Gracious solid Colonial, 3372 sf w/5 BR, 2.1 Bths, 2-car gar. on 1.32 acres, Special upper level road w/privacy. Call Cynthia Neznayko 860-881-8500

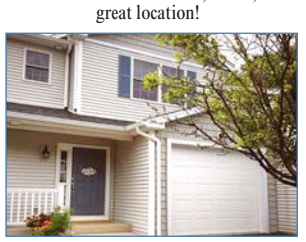
ROCKY HILL $369,000
2434 sf Split level home, 4 BR's, 2.1 Bths, 2-car Gar, Great location, end of cul-de-sac, .private .60 acre lot, Repl windows,Arch roof, 3 heat zones.

NEWINGTON $289,900
Impressive Toll Bros Luxury 3BR Townhouse w/1st flr Master, 2.1 bths, Att Garage, Hdwd flrs, private rear Deck, Fin Lower level a bonus, CAIR, great location!

WETHERSFIELD $199,999
Very inviting pristine condition 3 BR, 2 Bth RR w/1-Car att Gar. New Gas heating, Deck Patio, shed, Walk-out Fin LL, Fenced Yard-move right in! Call Mirella 860-997-1600 or Jeanette Williams 860-490-3964

WETHERSFIELD $279,000
Beautiful Hubbard-built home in the heart of Old Wethersfield - location!! 4 BR'S, 2 baths, 1 garage. Hardwood floors, exquisite millwork, FP and very nice yard!

VERNON $195,000
Great curb appeal, very pretty charming 3 Bedroom Colonial, 1.1 baths and Garage on almost 1 full level acre. Near commuter access and shopping! Move right in!



MANCHESTER
Rental $1800/month
Luxury 2 BR, 2.1 bath Townhouse at Miller Farms! Built 2011, Hrdwd flrs on both levels, Gourmet kit w/Granite, all baths w/ Granite, full basement, 1-car att gar.

MANCHESTER $165,900
What a great deal at this price for a great vintage 3BR Col with a New Remodeled Gourmet Kit!! 1.1 baths, Hdwd Flrs, Deck, Shed, Fenced in yard w/huge side lot! Come see!

Mary Anne Hepburn
860-712-3048

Joan Abbate
860-690-1354

Dan Montano
860-324-3702

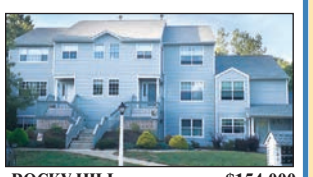
Karen Parker
860-796-5833

Cynthia Neznayko
860-881-8500

Bea Goddard
203 903-6274

WILLIAM RAVEIS
REAL ESTATE • MORTGAGE • INSURANCE

NEWINGTON $181,900
2 bedroom, 2 1/2 bath with oversized attached garage



ROCKY HILL $154,000
2 bedroom, 2 bath with detached garage

Open House 10/16/16 12-2:00

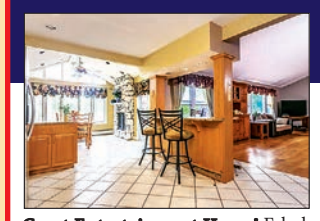
HILARY BELL CANTONE
— REALTOR —

860.883.9561
Hilary.Cantone@raveis.com
HilaryCantone.raveis.com

990 Silas Deane Highway I Wethersfield, CT 06109

Real Estate

ROCKY HILL - MUST SEE!



Great Entertainment Home! Fabulous open concept 3,800 sq' home! Hardwood floors, large kitchen with granite countertops & SS appliances. Perfect home to entertain your family & friends with 2nd kitchen in the walkout basement. Inground pool, hot tub and tranquil Koi pond.

Kathy Dell'Aquila
860-559-0825
kathy.dellaquila@cbmoves.com

COLDWELL BANKER RESIDENTIAL BROKERAGE

ColdwellBankerMoves.com

©2015 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker® and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC.

BERKSHIRE HATHAWAY HomeServices | New England Properties

A portion of the commission earned from each of these listings will be donated to the Sunshine Kids, by the listing agent.

CROMWELL $284,900
BUNGALOW. Lovingly restored. Original details such as Cove Moldings. Spacious rooms. Oversized garage 24x38 gar.
Marie Padilla (860) 205-2655

WETHERSFIELD $268,500
JUST LISTED. Special 4 BD home! Many recent updates including windows, roof, boiler, ext paint. Clean, Light and Bright.
Lisa Martin (860) 558-3956

WETHERSFIELD $229,900
HUBBARD BUILT Craftsman Bungalow. Gorgeous original oak woodwork, beautiful wood floors. Charming stone gas FP.
Brian Deperry (860) 874-2533

CROMWELL $249,900
MUST SEE. 4 BD. Move right in. Nicely done inside and out, with high end updates. Beautiful kit and baths. Spacious patio.
Jeanne Bailey (860) 655-1094

CROMWELL $299,000
TWO FAMILY on 1.4 Acres. 1932 and 1560 sqft units. 4 BD plus 2 BD. 2 car gar plus 24x30 Barn w/elc. So many options.
Marie Padilla (860) 205-2655

WETHERSFIELD $335,000
JUST LISTED. 2500+ sq ft English Tudor 1st time offered in 76 years! Stunning original features, FR doors. Large rms. 4 BD.
Anne Thomas (860) 436-4765

ROCKY HILL $289,900
JUST LISTED All redone. Inside and out. Truly Beautiful! Wood floors, 2 full baths. LL finished (with permits).
Jeanne Bailey (860) 655-1094

ROCKY HILL $970,000
JUST LISTED Exquisite one of a kind home. 8250 sqft. 6 BD, 2 Masters. 4 FPs. Fitness rm. Resort style pool/patio area.
Roseanne Scacca (860) 214-0236

ROCKY HILL $499,900
ELEGANT 3250 sqft home in sought after area. 3 car garage. Grand foyer, open floor plan, great for indoor-out door entertaining.
Angela Aëillo-Sousa (860)305-5585

BHHS New England Properties
1160 Silas Deane Highway Suite 101 & 102, Wethersfield, CT 06109, 860.563.2881
bhhsNEproperties.com

Century 21 CLEMENS & SONS

Featured Property!

NEW LISTING in Rocky Hill! 3BR 1 bath Ranch. Completely remodeled kitchen & bath, gleaming HW floors, new roof and 3 season sunroom/mudroom is a great bonus. **$205,000**

Julie Lemos
860-463-0426
julielemos@att.net
Visit me online at **www.julielemosrealtor.com**
www.facebook.com/julielemosrealtor

LIKE US ON facebook

Top 1% in Wethersfield Sales over the last 5 years
Multi-million $$ and Quality Service Pinnacle Producer

GOT PAIN?

Healthier and happier bodies

Robert Downes of Advanced Integrated Kinesiology uses expertise to help others

by Allie Rivera
Staff Writer

For Rocky Hill resident Robert Downes, the body is more than what people happen to look like. It is the vessel that informs all aspects of life.

The owner of Advanced Integrated Kinesiology in both Rocky Hill and Manchester, he has a bachelor of science degree from the University of Connecticut, a license in massage therapy, a certification in applied functional science and is a personal trainer, making him an expert on all areas of the body.

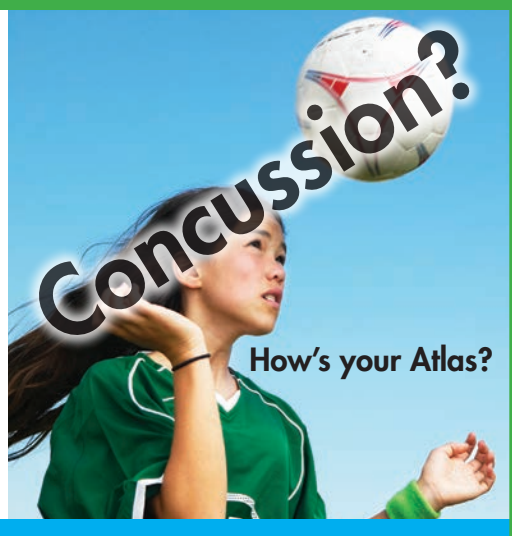
"I know when I see pain or

Courtesy photo

Robert Downes is the owner of Advanced Integrated Kinesiology and brings his experience to help those in pain and discomfort. He has a bachelor of science degree from the University of Connecticut, a license in massage therapy, a certification in applied functional science and is a personal trainer, making him an expert on all areas of the body.

UPPER CERVICAL CHIROPRACTIC OF NEW ENGLAND

JUDSON FAMILY CHIROPRACTIC



Specializing in Brain Stem Compression

133 Louis Street • Newington 860-667-3636
www.judsonchiropractic.com

UPPER CERVICAL CHIROPRACTIC OF NEW ENGLAND

RONCARI AUTO RENTAL LLC

• No Seasonal price hikes.
• Cars are thoroughly sanitized before every rental.
• 10% discount on POSTED RATES BELOW for StarCard Members and their out-of-town colleagues and corporate associates, AAA, Costco, BJs, and Sam's Club.
• Plus all applicable airport fees and taxes.

Must make reservations at:
roncariautorental.com 1-800-555-6540

discomfort that if I give them body work, it's going to be better," he said.

Kinesiology is the study of the mechanics of body movements, but through his practice, Downes integrates more than just movement to make his clients feel healthier. He was trained by nationally known trainer Paul Chek, a holistic lifestyle coach.

"Chek has this concept of the Four Doctors: Dr. Quiet, Dr. Diet, Dr. Movement and Dr. Happy," Downes explained. "My niche basically is Dr. Quiet and Dr. Movement, but I always keep the other two in mind."

The concept, which Chek describes online as "the last four doctors you will ever need," demonstrates that there are four primary areas of life that can lead to greater health and happiness. According to Downes, the concept of Dr. Quiet includes body work and massage, meditation aromatherapy and sleep.

"My main thing is the body work," he said. "I synergize the body work with the movement. The body work prepares the tissue for activities."

While he offers body work and training separately, Downes said he encourages clients to think of body work and movement as working hand in hand to create a healthier life.

"I don't separate those two," he said. "Body work can give really good relief, but it lasts for one to four days. If you do the movement piece as well, that's what sustains it."

Downes said that through his body work he finds unhealthy tissue and works to make it healthy again. His clients range in age from teenagers to people in their 90s, but age is not necessarily an indication of tissue health.

> **"Body work can give really good relief, but it lasts for one to four days. If you do the movement piece as well, that's what sustains it."**
>
> **– Robert Downes**

"I've worked on people who are 83 and they have healthy tissue. Vice versa, somebody could be young, even a teenager, and have knots and unhealthy tissue," he said. "That's one of the things that's fascinating."

Dr. Movement, the second concept Downes said is his focus, includes not only movement through sports and training, but physical therapy for those who are recovering from an injury.

In this aspect, he has begun providing training for area athletes, including becoming the trainer for the nationally ranked Hartford Wailers women's roller derby team.

"He's been such an added resource to us," derby skater Debbie Coggshall said. "He has an ingenious mind. If there's injury or any problem, he's able to do body work on them."

"I'll bring the equipment to someone's house or to a park because it's not fixed equipment," Downes said.

While Dr. Quiet and Dr. Movement are the two areas of the Four Doctors concept on which he focuses, he stressed the importance of the other two aspects as well.

"I'm not a dietician," he said, speaking of the Dr. Diet element. "If someone said they're having a problem with inflammation, for instance, I'll suggest a book that may help them, but all, of course, would go through their doctor."

In his own life, he eats a paleo-ketogenic diet that is high in fat, low in protein and extremely low in carbohydrates.

"I also take supplements," he said. "I won't tell people what they should take, but if they ask, I'll tell them what I take and if they want they can pursue it on their own."

LEGO® Extravaganza!

3 DAYS ONLY! December 2 - 4 • CT Convention Center • Hartford, CT

LEGO® KidsFest

Returning to New England!

Don't miss over 3 acres of LEGO® family fun! The extremely popular LEGO KidsFest offers LEGO lovers an exciting, interactive experience — *packed with loads of new and returning favorite activities and creative fun for the entire family!*

Tips & tricks from a LEGO Master Builder

Come "swim" in the Big Brick Pile

Models made of LEGO bricks — *and more!*

Visit www.LEGOkidsfest.com for tickets and more information!

LEGO, the LEGO logo, the Brick & Knob configurations and the Minifigure are trademarks of the LEGO Group. LEGO KidsFest is produced by BuzzEngine. ©2016

The final doctor, Dr. Happy, is one that Downes said is equally as important to overall health as diet, movement and mindfulness.

"It's about growing a positive mind," he said. "It was developed by a psychologist that was fed up over just going over people's problems and he said why don't we start going over people's strengths?"

Having that positive mind is the first step to success in all of the other areas.

"Sometimes people will come in and have a pain, but it's associated with something else in their life," he said. "If you can get people in a more positive framework, that will give them more energy to make positive changes."

At Advanced Integrated Kinesiology, all of these areas are addressed to bring clients to their healthiest life.

"They all are integrated. They all work well together," Downes said.

He added that he wished there would be more integration of all these areas throughout the health care field in order to best support patients.

"I think trainers, dieticians, physical therapists, doctors, everybody should all be working to do that," he said. "My vision of what I'm seeing is that some day everybody will do that."

Downes's passion for that integration came about roughly 20 years ago when he sustained an injury while playing sports.

"At the time I had chronic hip pain," he said. "I was afraid I was going to have to have a hip operation. I had a lot of fear, but I also had a lot of shame because I thought I was broken."

He went to see an orthopedist about his condition and said he was told that there was not much that could be done.

"I was told I would just have to live with that pain and discomfort," he recalled.

After nearly two years of hip pain, Downes saw a massage therapist who completely changed his view of healing.

"In about an hour, my hip was like 75 percent better, after two years of hip pain," he said. "I started begging him to show me what he was doing because I was like, this would be great for everyone. It's a non-invasive way to get your body better.

"I didn't know it at the time, but he didn't just fix my hip, he fixed my fear," Downes added. "He was my mentor for many years after that."

He both preaches and lives an integrated lifestyle of overall wellness that he hopes to share with others.

"I just know that with a combination of body work and movement, people can start to feel better," he said. **RHL**

Advanced Integrated Kinesiology is located at 35 Cold Spring Road, Building 100. For more information visit aiktherapy.com.

Kinesiology

From Wikipedia, the free encyclopedia

Kinesiology is a scientific study of human or non-human body movement. Kinesiology addresses physiological, biomechanical, and psychological mechanisms of movement. Applications of kinesiology to human health (i.e. **human Kinesiology**) include biomechanics and orthopedics; strength and conditioning; sport psychology; methods of rehabilitation, such as physical and occupational therapy; and sport and exercise. Studies of human and animal motion include measures from motion tracking systems, electrophysiology of muscle and brain activity, various methods for monitoring physiological function, and other behavioral and cognitive research techniques.[1][2]

Kinesiology as described above should not be confused with applied kinesiology, a controversial[3][4][5] medical diagnostic method.

The word comes from the Greek κίνησις *kinesis*, "movement" (itself from κινεῖν *kinein*, "to move"), and -λογία *-logia*, "study".

TurleyCT
COMMUNITY PUBLICATIONS

Our Newest Publication

cromwell
LIFE
EDITION
ROCKY HILL/CROMWELL LIFE
Certified organic
John and Christine Whitney live the life at Phoenix Farm
See story on page 6
$10 Million in Closed Sales 2016 - Thus Far!

Cromwell residents and businesses have been asking and we delivered ... a brand new, free, monthly publication written, designed and focused on the town of Cromwell and its people.

The staff at Turley CT are proud that they can expand their offerings of quality advertising opportunities and award-winning journalism to their family of publications.

Valley LIFE
Newington LIFE
Glastonbury LIFE
West Hartford LIFE
Rocky Hill LIFE
Wethersfield LIFE
Cromwell LIFE

Student of the Month

From Brazil to Rocky Hill

by Allie Rivera
Staff Writer

"He's always willing to learn. No matter how his day is going, he always puts forward his best effort at all times."
– Sharon Malinosky

Starting at a new school in a new town can be difficult for any teenager. But when 14-year-old Pedro GeMelo moved to Rocky Hill this past December, he faced additional challenges.

"He came to the United States not even a year ago and didn't speak any English at the time," English learner teacher Kathy Simard said. "In that brief time, his English language has just soared."

A native of Brazil, the eighth-grader at Griswold Middle School moved to town with his father, stepmother, and two younger sisters, ages 9 and 11 months.

"We came to this country for more opportunities," he said.

According to his teachers, Pedro has grabbed those opportunities and works hard every day to make the best of himself.

"He appreciates the education he gets here in Rocky Hill," eighth grade teacher Sharon Malinosky said. "He's always willing to learn. No matter how his day is going, he always puts forward his best effort at all times."

"I think he is one of the most exuberant people I've met," reading teacher Tara Libera added. "He's always very energetic and ready to learn."

Pedro's favorite part of each day is when he gets the chance to move around. He plays soccer for both the middle school team and the Rocky Hill Parks and Recreation team, where he serves as a forward.

"I love soccer," he said. "I've played since I was very little, maybe 1 year old."

Soccer is a national passion in Brazil. He said that being a part of the team brings him joy and he appreciates the motivation that they give to each other.

He also spends some of his time outside of school practicing capoeira, a Brazilian form of martial arts that combines elements of dance, acrobatics and music. Pedro has been practicing this form for about four years under the tutelage of his father, who teaches the martial art in this area.

"It's not just like fighting, it's a dance fighting," he said. "I like the movements of it."

An active teenager, his favorite class in school is physical education, where he is also able to run around with the friends he has made over the past year.

"I love sports. I like it when we play soccer," he said.

"He's made friends very quickly," Malinosky said. "He comes in every day very positive."

Helping him to make so many friends over the past year was the town Parks and Recreation's Teen Scene, a safe environment for middle school students to spend time with each other on Friday evenings. They can play sports, board games, video games or a wide variety of other activities.

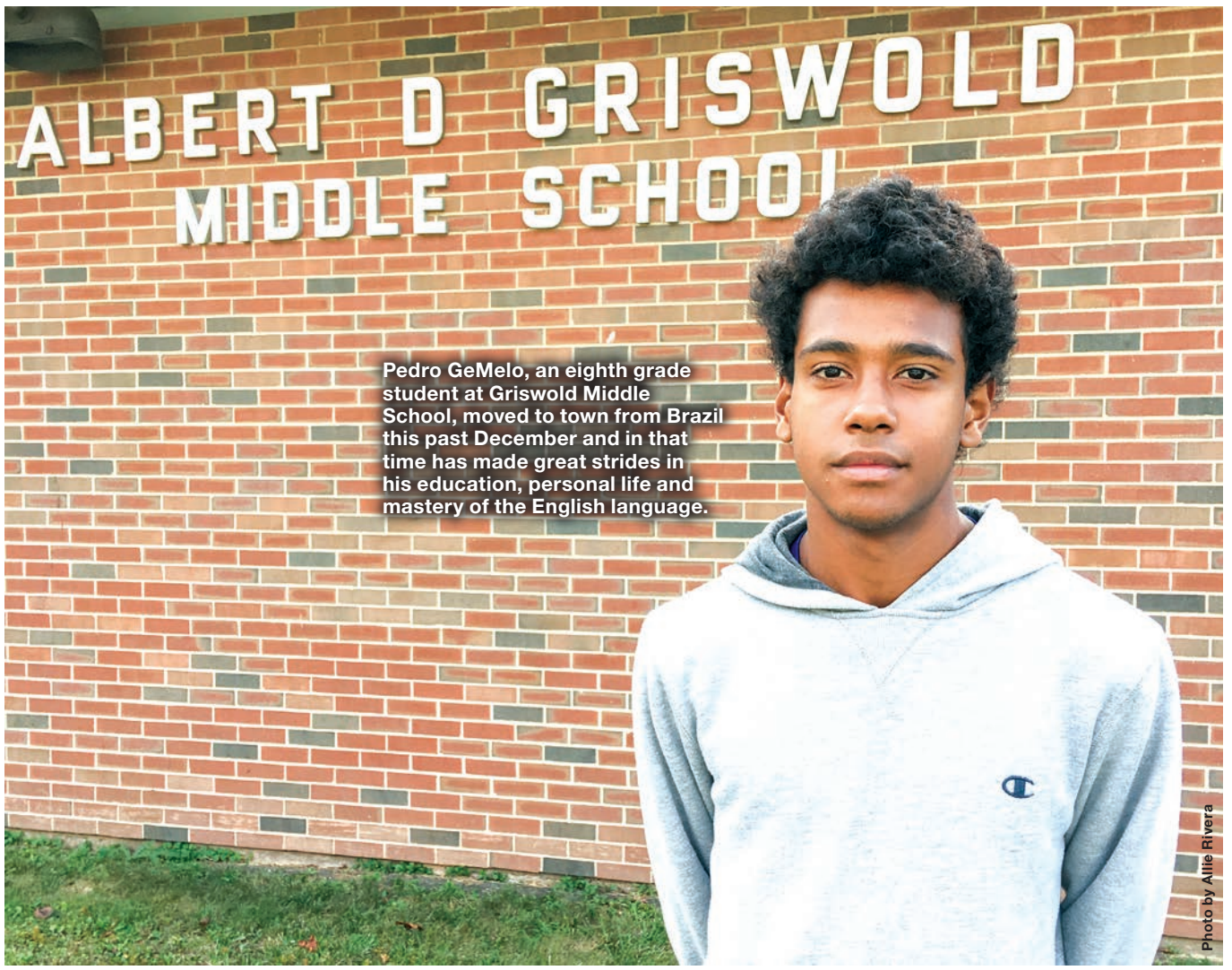
"Last year I went every Friday," Pedro said.

His favorite thing to do at Teen Scene is play sports in the gymnasium, especially when the group decides to play soccer. According to his teachers, his ability to make friends was also due to his friendly and caring nature.

"He's a kind and sensitive person," Simard said. "He really shows a lot of maturity, especially for someone of that age."

When he is not studying or running up and down the field, he enjoys spending time with his family or listening to gospel music. Now that he is more settled into his life in Rocky Hill, he is extremely grateful for the opportunities that have been given to him.

"I want to say thank you to the teachers here and Mr. Watson, and thank you to my stepmom and my dad for helping me," he said. **RHL**



Pedro GeMelo, an eighth grade student at Griswold Middle School, moved to town from Brazil this past December and in that time has made great strides in his education, personal life and mastery of the English language.

Photo by Allie Rivera

Loving learning

Kiddie Academy educational child care is all set to open

by Allie Rivera
Staff Writer

The sound of children laughing, playing and learning will soon be an addition to the New Britain Avenue corridor with the opening of Kiddie Academy, an educational preschool and child care facility.

Kiddie Academy of Rocky Hill is co-owned by school psychologist Natalia Doran and her husband Dr. Douglas Doran, a dentist. They called it a passion project years in the making.

"This was something we wanted to do," Natalia said. "It took us time to choose because we looked at different places and all these different schools."

Working with young children fits as the next step in the trajectory of her career. She has two master's degrees, one in education specializing in English language and literature, and the other in school psychology.

"Natalia's been in education for 25 years, at least," Douglas said. "She's been at all levels, even back in Brooklyn and Queens."

Knowing that they wanted to open their own preschool program, the Dorans began looking into various programs and curricula before learning more about Kiddie Academy.

"We looked through their curriculum and we like their philosophy, their history and their attitude toward childhood education," Natalia said. "It's all developmentally appropriate."

Kiddie Academy is a national educational child care facility founded in 1981 with the idea to combine learning with child care. There are currently more than 150 such academies spread across 24 states, with that number estimated to rise to over 175 by the end of this calendar year.

The facilities serve families with children between 6 weeks and 12 years old through preschool, after-school and all-day programming.

Although it is a nationwide business, each franchised location is owned and operated independently, an aspect that Natalia and Douglas said was appealing. Kiddie Academy provides its owners with a wide array of resources and curriculum materials, but the implementation is ultimately up to the teachers.

To help run the educational aspect, the Dorans brought on Taylor Duckworth as the school's director. Duckworth has more than 20 years of experience in education, teaching in early childhood centers, public schools, and then serving as a director of an early childhood program.

All three said that theirs is not a traditional classroom that visitors may imagine.

"There's a lot of play. It's not just education and testing and testing and education. It's preschool," Douglas said. "Whatever their interest is, they can still learn math and reading through those avenues."

"Children are naturally curious to learn," Natalia added. "We provide the environment for them."

Kiddie Academy is set up through a variety of centers that children can visit and engage in interaction.

"It's very intentional, what goes into each center," Duckworth said. "There are just so many activities to choose from for the best interest of our kids."

"There are just so many activities to choose from for the best interest of our kids."
– Taylor Duckworth

School readiness is an important factor to what goes into the daily lessons, as well as the learning that takes place during play and meal times.

"We know what's developmentally appropriate," Duckworth said. "We're educating all day long, even when we're sitting down to eat. There's a lot of learning that occurs during family-style meals."

A commercial kitchen for those meals is part of the brand new building where Kiddie Academy will be opening soon. The facility at 158 New Britain Ave. is more than 10,000 square feet with 12 classrooms and has the capacity to serve 158 children.

Additionally, a new playground is separated into age-appropriate play areas for toddlers, preschoolers and school-age children. As of press time, the final touches on the building and playground facilities were in process.

"They're just finishing the classrooms and putting turf on the playground," Douglas said.

The new building and playground area also will be equipped with state-of-the-art technology to be used for educational purposes, safety and security.

"There's only one access point for all the parents and staff," Douglas said. "We also have an interactive web system so parents can watch their children."

That system, called WatchMeGrow, is only accessible to parents of children in the classrooms and covers both the classroom and playground areas, all of which are surrounded by alarmed doors and gates.

"Safety and security are very important to us," Natalia said.

Also helping to protect the children enrolled at Kiddie Academy is an advanced ZONO sanitizing system that kills 99.9 percent of common bacteria and viruses without using chemicals.

"You can sanitize everything," Douglas said. "Teddy bears, shoes, blankets. It uses ultraviolet and there are no heat or chemicals."

EDUCATION

The Dorans and Duckworth are looking forward to Kiddie Academy becoming an active part of the community.

"We are excited to be bringing Kiddie Academy to Rocky Hill," Natalia said. **RHL**

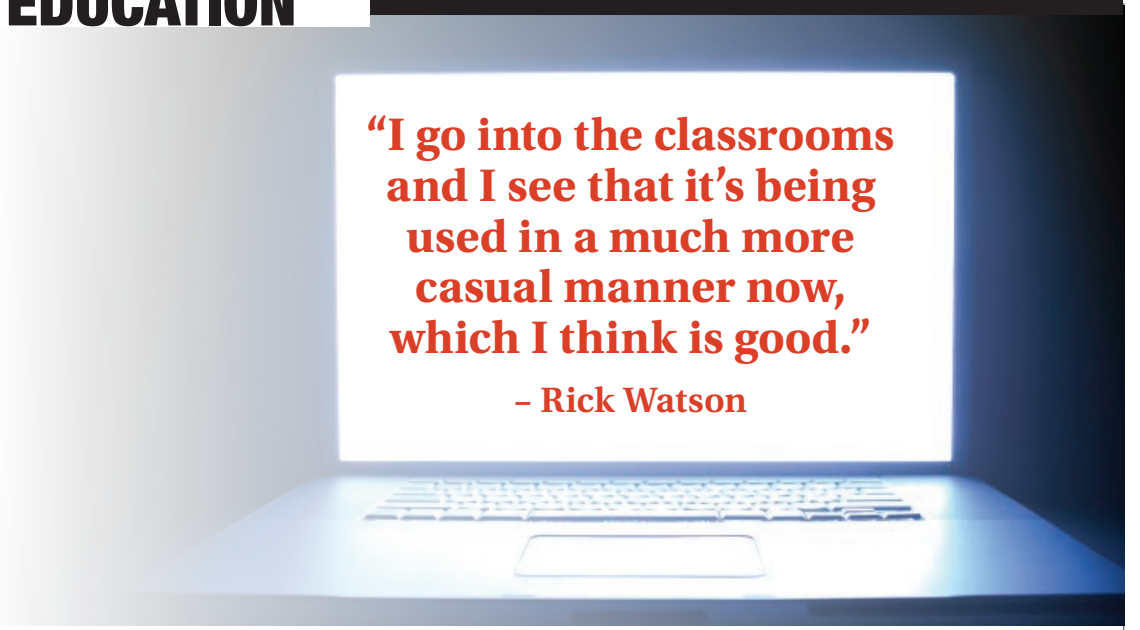
Kiddie Academy will be open from 6:30 a.m. to 6:30 p.m. and enrollment is under way. For more information contact Taylor Duckworth at 860-436-5307 or email rockyhill@kiddieacademy.net.

Photo by Allie Rivera

Kiddie Academy, a national educational child care facility, focuses on education through play. Its new building includes a commercial kitchen, 12 classrooms and a new playground for children up to age 12. At the helm are the school's director, Taylor Duckworth, left, and co-owners Natalia and Dr. Douglas Doran.

EDUCATION

LIFE in the classroom



Expanding one-to-one across the school district

by Allie Rivera
Staff Writer

Seeing students carry laptops as they walk through the halls of Griswold Middle School or Rocky Hill High School is now as normal as it once was to see students carry books.

Now in its second year, the school district's one-to-one initiative to get Chromebooks into the hands of its students has allowed all children in grades 7-12 to have their own school-owned device.

"Our first year was getting them out there," Instructional Technology Facilitator Katie DeLoureiro said. "The next step is to improve our processes with them."

The initial rollout of the Chromebooks happened with last year's seventh and eighth grade students. This year it expanded to the high school as well, bringing a total of nearly 1,200 devices to the two schools.

Additionally, Griswold Middle School now has enough devices for sixth grade students to use within the classroom, but they are not assigned to specific students for year-long use, as they are in the upper grades.

At this point last year, teachers at the middle school were just learning the mechanics of how the devices work and beginning to figure out how they could be used to supplement classroom teaching. Now, with a full academic year of experience behind them, many teachers have fully embraced the technology.

"I go into the classrooms and I see that it's being used in a much more casual manner now, which I

Be Challenged Supported Fulfilled
Committed Confident Inspired

NWC NORTHWEST CATHOLIC HIGH SCHOOL
northwestcatholic.org/admissions

Northwest Catholic High School is a coeducational college preparatory secondary school established in the Catholic educational tradition.

NEWINGTON PUBLIC SCHOOLS
Is Now Accepting Applications for the Following Vacancies:

Substitute Teachers
Learning & Special Education Tutors
P/T School Bus Drivers
Cafeteria Workers

Please apply online at www.npsct.org

For more information, please contact the office of Human Captial Development at 860-665-8630

Enroll Now!

- Age Appropriate Programs
- Ages 6 Weeks to 9 Years
- Nursery School/Pre-K Class/CT ELDS
- Innovative Toddler and Preschool Curriculum
- Before and After School Programs with Transportation Provided
- Secure Facility / Surveillance Cameras Inside and Out
- Summer Program including field trips and visitors
- Experienced and Professional Teachers certified in CPR and First Aid

After the Stork comes the... Stork Club inc.
EXCELLENCE IN CHILD CARE AND PRESCHOOL DEVELOPMENT
CHILD-CARE & DEVELOPMENT CENTERS
www.storkclubs.com

6 Convenient Locations:

MERIDEN (203) 235-8461
186 Pomeroy Ave.
(E. Main St. Exit Off I-91)

ORANGE (203) 891-0599
81 Baldwin Rd.
(At Derby Ave./Rt. 34)

CHESHIRE (203) 272-1637
1311 Highland Avenue
(Rt. 10)

ROCKY HILL (860) 563-9096
558 Cromwell Ave.
(Rt. 3 Exit 23 Off I-91)

SOUTHINGTON (860) 276-1031
1348 West Street
(Exit 31 Off I-84)

GLASTONBURY (860) 659-3002
586 New London Tpke.
(At Rt. 17 Overpass)

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

EDUCATION

think is good," Griswold Principal Rick Watson said. "Bringing them out is as natural as saying 'open your textbooks.'"

According to DeLoureiro, the Chromebooks are being used within the classrooms not only as word processors in reading and writing classes, but in new ways that teachers had not previously expected.

"We're seeing it used in music for students to record their voice while they're singing and then go back and listen to it and analyze it. We're seeing Spanish and French, foreign language students, recording themselves and listening back to their pronunciation," she said.

"The art department and the middle and high schools are using photo manipulation. It's amazing the areas that it's being used in."

Watson recently visited a math classroom at the middle school and observed students learning about positive and negative integers by looking up the heights of various mountains and valleys across the globe.

"It turned into this multi-disciplinary lesson," he said. "In the past, they would have just been given the information or shown a picture of a mountain."

While administrators at both schools are excited about the educational opportunities afforded with these devices, they are also realistic about potential problems with proper usage and speak with students about what is called digital citizenship. Especially useful in that respect is Kim Lehn, the new library media specialist at GMS, who recently spoke with students in grades 6-8 about how to properly use their devices.

"A big part of giving kids these devices is talking about acceptable use," DeLoureiro said. "It's a school-owned computer and should be used for school-related purposes."

"A lot was clarified, especially with the eighth-graders," Lehn added. "With this initiative, we are taking steps to teach students to be good digital citizens, which is a good life lesson going forward."

In addition to ensuring that they learn about the technology, DeLoureiro and Lehn work heavily with the teaching staff at both schools to provide professional development.

"Now that we're further into this, we're really beefing up the machines," DeLoureiro said.

"We're getting educational content that's either for a specific age and content area or, if we can find something that's broad enough, getting content for a wide range of students, and we're doing continuous professional development with that."

After looking back on the first full year of the initiative, DeLoureiro said there were not any large or unexpected problems.

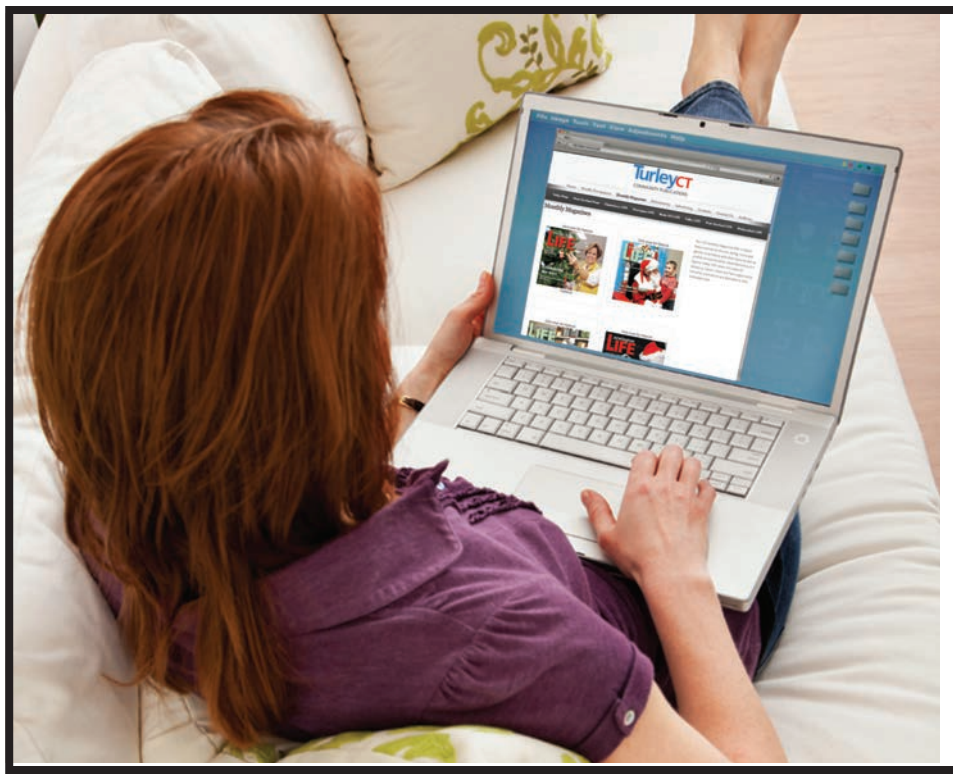
"With any rollout, there's always room for improvement," she said. "I can guarantee that next year we will continue to refine the process."

She added that she is thrilled with the progress she has seen in the schools with this added piece of technology.

"In all honesty, it's a tool, it's a powerful one, but it's a tool, just like any other you would see on a school supply list," she said. "But these kids are thriving with them." **RHL**

Photos by Allie Rivera

Students at Griswold Middle School use their Chromebooks in a wide variety of subject areas. With the one-to-one technology initiative rolling out to high school students as well, there are now nearly 1,200 computer devices being used in the district.



TurleyCT
COMMUNITY PUBLICATIONS

Read all of our Community Publications online at

TurleyCT.com

The West Hartford Press • The Valley Press
Valley Life • West Hartford Life • Rocky Hill Life
Wethersfield Life • Glastonbury Life • Newington Life

Come to Eastern and Go Places!

"The faculty at Eastern instilled hope and confidence in me that I could pursue a successful career in psychology. They gave me guidance in what strategies to use to get into graduate school, how to sort through programs, and what classes to take. They challenged me."
Amanda Brycki '05
Psychology Major
Practice Manager
Outpatient Behavioral Health Services
United Community & Family Services
EASTERN
CONNECTICUT
STATE UNIVERSITY
www.easternct.edu
A Liberal Education. Practically Applied.

Club fosters community service

RHHS Interact started last year, supported by Rotary

by Mara Dresner
Staff Writer

If one has a vision of self-centered teenagers who only care about themselves, the new Interact Club at Rocky Hill High School may provide hope for the future.

"Interact Club is a service club for young leaders ages 12 to 18. We help youth discover their leadership skills, volunteer opportunities, make new friends and make a difference," said club advisor Jen Madley, who is a member of the Wethersfield/Rocky Hill Rotary Club.

"Our goal is to inspire positive change around the world. The Wethersfield/Rocky Hill Rotary comes into play because they help guide and support Interact."

The club was founded last year at the request of students.

"My father's uncle, my Uncle Peter, got me interested. He's a big part of the Rotary Club. I asked him once, 'Is there anything I could do to be involved?' He said, 'Start an Interact Club at the high school.' He said it would be your choice on what you do to help out the community or the world as a whole and I thought that sounded interesting," Scott Zebrowski, a junior, said.

"I wanted to help out the community and I didn't really know how to do that. People say you should do community service. Do I go to the community service building and sign up? My uncle said this would be a good way to do it."

Scott's sister Emily, who graduated this past year, was also instrumental in starting the club. Last year, she served as president and Scott was vice president.

"The first year was a little rough. A lot of our plans fell through. At the end of the year, we did volunteer at a soup kitchen. We served food to those less fortunate than ourselves," Scott said. "I think an individual living in a community gets something out of the community and should give back to it. That's what we're aiming to do."

"It's a community service club. Their goal is to have students take an active role in helping their community."
– Jeff Mertens

Faculty advisor Jeff Mertens, a social studies teacher, said the number of students involved in the club has varied, depending upon the time of year.

"There are 15 kids that are regular and another 20 that do it when they can. Obviously, if they're playing on a fall team right now, it can be difficult to make it," he said. "It's a community service club. Their goal is to have students take an active role in helping their community."

Meetings have often focused on both finding ways to raise money and looking at different aspects of the community to help. Ideas under consideration include car washes, honoring veterans, participating in an Arbor Day event, hosting a lip sync contest and working with Shelterbox.

"Shelterbox is an international relief charity that provides immediate assistance to people affected by disasters such as earthquakes, volcanic activity, flooding, hurricanes, etc. Shelterbox provides shelter, life-saving equip-

Photos by Mara Dresner

Junior Scott Zebrowski is one of the founding members of the Interact Club at Rocky Hill High School.

Colin Pavel, a junior, is looking forward to making an impact in the community through the Interact Club.

EDUCATION

The Rocky Hill High School Interact Club was formed this past school year. It is affiliated with the Wethersfield/Rocky Hill Rotary Club.

ment and educational materials to hard-hit communities worldwide," Madley said.

To raise money for the project, students stayed overnight at St. James Church on Sept. 30 with no electronics, asking family and friends to make donations.

"We live the life of the homeless for one day to support the efforts of Shelterbox," Madley said.

"Other clubs have done this. You rely on the community to bring you stuff and to donate money," Scott added.

He said the club provides needed direction on how to be of service.

"We're just a bunch of young people who don't necessarily know how to help the community coming together to help," he said.

Junior Colin Pavel is also in his second year with the group.

"I don't really do much outside of schoolwork in terms of giving back to community. This is a rare opportunity to do something. We didn't do much last year and we're hoping this year will be more productive," he said.

He noted the group is looking at some out-of-the-box fund-raising efforts, such as poking fun at the school's "Terrier Tough" with a "Terrier Soft" competition.

"Like an eating contest," he said. "We'd have a small entry fee. I'm sure we can raise a lot of money that way."

He enjoys being part of a group that reaches beyond his immediate world.

"The Interact Club is a chance to do something that helps someone beyond yourself. School is mostly about good grades for yourself. This is something that has a definite benefit for [other] people, even if you don't always see it," he said.

He encourages his classmates to consider getting involved.

"First of all, I'd tell them don't be nervous, you're among friends," he said. "Some people are looking for community service for other reasons, like for college. This is a good thing to join."

Mertens, who chaperoned a group of students last year doing a clean-up day at St. James Church, said that no matter why a student joins the club, there's no downside.

"They join because they want to do good things and they join because it looks good on their college transcripts," he said. "It's good that in this day and age kids have a connection to their community and lend a paw."

Their actions will make a difference, Madley added.

"This is an important club at RHHS because it's a new club that does not require a lot of the students' time and they make a great impact in the things they do," she said. **RHL**

Residents and businesses who would like to donate to the RHHS Interact Club may contact Jen Madley at jmadley@yahoo.com or 860-471-5096. RHHS students interested in joining the club may contact Mertens in Room 329.

Interact Club Advisor Jen Madley, a member of the Wethersfield/Rocky Hill Rotary, helps lead a recent meeting.

ROTARY
SERVING
HUMANITY

Events spotlight

RELAY FOR LIFE
AMERICAN CANCER SOCIETY
BARK FOR LIFE
A CANINE EVENT TO FIGHT CANCER

Bark For Life

Oct. 22, noon to 3 p.m.
Dog Park in Elm Ridge Park
1-800-227-2345
The American Cancer Society presents Bark For Life, a celebration that will include doggie games, dress-up contests, music, food, and a one-mile walk. Prior to the event, participants will ask family and friends to support their efforts financially to help the ACS save lives from cancer. Last year, more than 20,000 registered canine and caregiver participants at 300 Bark For Life events across the country raised $1.2 million. This event is part of the larger Relay For Life of Newington.

Old Church Concert Series

Nov. 18, 7 p.m.
Rocky Hill United Methodist Church
623 Old Main St.
The last in a series of three acoustic concerts features the music of New Earth, Belle of the Fall and Glenn Roth. The suggested donation is $5 at the door, which will go to the musicians. Refreshments will also be on sale to benefit the church.

St. James Holiday Fair

Nov. 19, 9 a.m. to 4 p.m.
St. James Church
767 Elm St.
860-529-8655 or stjamesrh.org
Get into the holiday spirit and start your Christmas shopping at the various crafters and vendors, or pick up a gift from the silent auction or teacup auction. Another option is to make a purchase from the ornament tree. Returning features will include the cookie walk, bake sale, marketplace and St. James Café. **RHL**

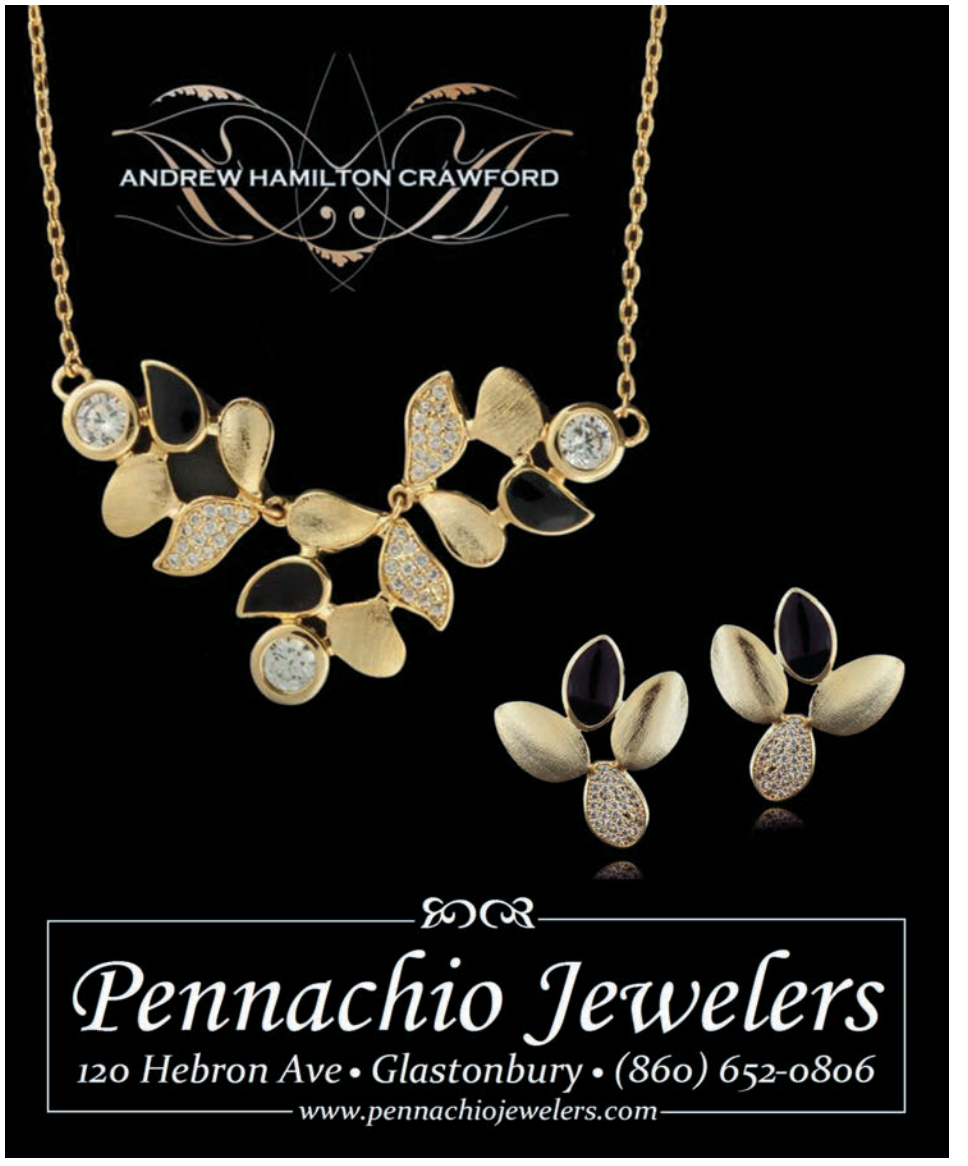
Read our publications online.

It's easier than ever to navigate through the pages of our publications. You can download individual pages as PDFs. Make us your homepage for local news, events, and much more!

TurleyCT
COMMUNITY PUBLICATIONS

The West Hartford PRESS • The Valley PRESS • Valley LIFE • West Hartford LIFE
Rocky Hill LIFE • Wethersfield LIFE • Glastonbury LIFE • Newington LIFE

www.TurleyCT.com



Helping entrepreneurs succeed

John Fagan enjoys assisting entrepreneurs through SCORE

by Mara Dresner
Staff Writer

People meeting John Fagan for the first time often have a SCORE to settle. But that's a good thing. Fagan is a volunteer mentor with SCORE, formerly known as the Service Corps Of Retired Executives.

His work with SCORE comes after a career of more than three decades in the health care industry. After earning a master's degree in social work, he volunteered for the U.S. Army in 1967 during the Vietnam War, accepting a direct commission to the Army Medical Service Corps, which included pharmacists and psychologists, among other medical professionals.

His first assignment was in Fort Jackson, S.C., where he worked at a psychiatric clinic before receiving orders to head for Japan.

"I worked at the 249th General Hospital, which was 1,000 beds, and Camp Ojai Hospital, which was 400 beds," Fagan said.

The 249th had a 50-bed psychiatric unit, but that wasn't

Photo by Mara Dresner

John Fagan enjoys helping entrepreneurs through SCORE.

2017 Medicare Annual Enrollment
October 15th - December 7th

This is the time to make changes for 2017!
Call to discuss your Medicare Choices & Options

Turning 65? Losing employer coverage?
Need extra help with Medicare prescription drug coverage?
Hospital Indemnity Plans • Medigap Supplements • Advantage Plans

Please Call Joe Wroblewski
for a FREE
No Obligation
Consultation
Helping people in the area for 19 years
860.372.4967
185 Silas Deane Hwy, Wethersfield

Middlesex Health Care Center
100 Randolph Rd • Middletown
860.344.0353
athenanh.com/middlesex
Managed by Athena Healthcare Systems

Short-Term Rehab & Long Term Care • Pre-Books Accepted

- Orthopedic Rehabilitation
- Medically Complex Care
- Designated Specialized Memory Care
- Stroke Rehabilitation and Pulmonary Management
- Physical, Occupational and Speech Therapies
- Hospice Care
- Cardiac Recovery
- IV Therapies
- Surgical Recovery
- Oncology Management
- Wound Management
- Dementia Care

Call today to arrange a tour!

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

where he usually found himself.

"My main job wasn't work on the psychiatric unit. My main job was to provide what was [being] the psychiatric consulting liaison for 950 beds," he said.

After finishing his tour of duty in 1970, he came back to Connecticut.

Fagan was promoted to director of the Social Services Department and in 1983 was named vice president of the hospital. While he was working there, he went back to school, earning an MBA in health care management from the University of Connecticut.

For a number of years, he also had a private practice in West Hartford as a clinical hypnotist. He studied under Dr. Herbert Spiegel, a pioneer in the field at the College of Physicians and Surgeons at Columbia University.

"We can be very helpful teaching them how to manage their finances and how to interpret what it means and what to be thinking about."

– John Fagan

"When I got out of the military, I was fortunate enough to be hired by the Hartford Hospital psychiatric clinic," he said.

Fagan said the technique was helpful in everything from helping people quit smoking and losing weight to dealing with phobias and anxiety.

"I was a psychotherapist and that was just another technique I could use in psychotherapy. It's an excellent clinical technique," he said.

"Part of the problem is it wasn't very regimented. There wasn't any real curriculum on how to teach hypnosis until Spiegel came along and he developed the program at Columbia," he added.

He retired in 2007 after 32 years at Hartford Hospital. He had two goals in retirement.

"I decided I wanted to volunteer and I wanted to play golf. I'm doing both," he said.

He's found his niche in SCORE.

"SCORE really attracted me because it was a way of really giving back to the community. Since I had an MBA and I had a lot of business experience in the hospital, it was a natural thing to want to work with businesses and help them get better," Fagan said.

"With the MBA, I have a really good finance background. That's a strength of mine, helping people with looking at their financials and managing their financials," he added.

"A lot of people have the financial data from their company. They can look at the financial data and they're really not entirely sure how to interpret it and what it means and where their issues might be. We can be very helpful teaching them how to manage their finances and how to interpret what it means and what to be thinking about."

Fagan regularly meets with people at the Cora J. Belden Library, as well as at locations in Tolland and Manchester.

"John combines a rare skill set of being practical as well as academic. He is strategic in his thinking, yet very pragmatic," Mark Cutler,

The Freedom & Time... to Enjoy Life!

At Atria Greenridge Place we have created a vibrant community where older adults can thrive, participate & enjoy access to activities, care & support to help them keep making a positive contribution & difference in our world!

Come In Today For A Tour!

Atria SENIOR LIVING GREENRIDGE PLACE

One Elizabeth Court • Rocky Hill • 860.257.0000

www.atriagreenridgeplace.com

TurleyCT Community Publications

Life Publications The Valley Press The West Hartford Press

To advertise call 860-651-4700 • TurleyCT.com

Excellence in Eye Care

Ratchford Eye Center

Mary Gina Ratchford, MD
Daniel W. Chin, MD
Board Certified Ophthamalogists

Dr Brett W. Kjellen, Optometrist
Dr Christina Napoletano, Optometrist

Offering Comprehensive Eye Services in Our New State-Of-The-Art Eye Center with Optical Shop

Cataract Surgery
Glaucoma, Diabetic & Macular Treatment
On-Site Laser Treatments
Lid Surgery
Botox & Facial Fillers
Avastin & Lucentis Injections
Contact Lens • Emergency Care

Convenient Early Morning, Evening, & Saturday Hours

1166 Farmington Ave • Berlin, Ct

860-829-8939

www.ratchfordeyecenter.com

Sage Pond Place

1725 Berlin Turnpike, Berlin

Nestled off the road in a quiet, wooded setting!

ATTENTION!
APPLY NOW!

For Active Adults 55+
Rents Include Heat & Hot Water

- Central air!
- Fully Applianced Kitchens
- Community Room
- Picnic Area with Grill
- 24 Hour Emergency Maintenance
- Intercom System
- On-Site Laundry
- Library
- Ample On-Site Parking
- Secure Building

1BR rents are $875.00, 2BR rents are $1045.00
Income restrictions apply.

(860) 828-3958

Merit Properties, Inc. Financed by CHFA

Dependable, thorough cleaning • Bonded & Insured
Satisfaction Guaranteed • Can provide other home-care services
Loyalty/Referral Programs • Easily Customizable Cleaning
Outstanding Customer Service Strategies • Extensively Trained Employees

merry maids®

One less thing to worry about.

Gift Certificates Available

860-563-8367

email: merrymaids.buckridge@gmail.com

Get Ready for Fall...

...with a Full House Cleaning!

$99.00 OFF
$33.00 Off
First Full House Cleaning
$33.00 Off 5th & 10th Cleaning
New customers only
Not valid with other offers.

CARPET CLEANING SPECIAL
$10.00 OFF
with minimum of 4 carpeted areas
Not valid with other offers.

$15.00 OFF
any window service.
Minimum of 8 windows
Not valid with other offers.

$20.00 OFF
any power washing or gutter cleaning service.
Not valid with other offers.

www.merrymaids.com • 860-563-8367

LIVING Your Best LIFE

SCORE's district director for Connecticut, said.

"He combines a business background with a senior VP post at Hartford Hospital with an MBA with a clinical psychologist skill set which translates to an excellent listener and a superb mentor to small business."

Cutler, who previously served as chapter chairman of Greater Hartford SCORE, first met Fagan seven years ago.

"John has expertise in health care and in nonprofit businesses. His specialty in these fields has other SCORE volunteers throughout the area reaching out to him for assistance. John is known as a mentor to our mentors," he said.

"SCORE volunteers go through an orientation period working with an experienced mentor in the field and John is one of our best resources for that, having trained more than 100 volunteers in his nine years with SCORE," Cutler added.

"John's listening skills are truly extraordinary. He never judges and is very sensitive to the needs and personalities of each client. John has volunteered his time to SCORE since 2008 and meets clients, on a recurring basis, in three counseling locations throughout the area including Rocky Hill.

"We feel very lucky to have John on our team. He is not only an exceptional professional, but an extraordinary human being," he said.

SCORE provides free and confidential advice for entrepreneurs and small businesses and is a nonprofit resource partner with the U.S. Small Business Administration. There are more than 300 SCORE offices across the country offering free business mentoring and low- or no-cost workshops.

SCORE was originally an acronym for Service Corps Of Retired Executives; however, as it began to attract mentors who were still working, it began to go solely by its acronym. Fagan said the lion's share of what SCORE does is individual counseling.

"Essentially, what we're doing is helping them take a look at the business, to look at the strengths and the weaknesses of the business, and if they're having challenges, to look at the bottom line and see how changes can be made to improve," he said.

The chapter has a number of experts in various areas, such as manufacturing.

"People will refer health care things to me because that's my background. If they got a doctor to set up a practice, chances are they would send them to me," Fagan said.

The SCORE mentors work in teams of two or three. While each session is individualized, they see some common issues.

"When people are just starting a business and don't know a lot, they really have to go through a lot of fundamentals. One of the major things is, should I do an LLC or sole proprietor? What kind of corporation should I form? Basically what I do is talk about what the business is," Fagan said.

"The other thing I talk about is certain liabilities. If you're a sole proprietor, you have no legal protection; you can be personally liable. If you form an LLC, the LLC is the mechanism. You can't be sued personally," he added.

"Generally, if you're doing any business where there could be any kind of issue, we recommend an LLC. It gives you the advantage of people not being able to go after your personal assets."

Another common major issue is finding money and getting loans.

"It really depends upon your assets and your business plan. We really help people put together their business plan so they can go to a bank and get a loan," he said.

"It's not uncommon for a bank to say, 'Go to SCORE and develop a business plan and come back before we give you money,'" Fagan said.

He's enjoying his work and advising new entrepreneurs.

"[I like] seeing people succeed," he said. "It's just like working with a patient, seeing people get better." **RHL**

For more information visit greaterhartford.score.org.

SCORE™
COUNSELORS TO AMERICA'S SMALL BUSINESS

a new leash on LIFE

Meet Riley and Creamsicle

Creamsicle is a 10-year-old male domestic shorthair. He still has a decent amount of energy and is fine with children. But he wants nothing to do with other cats or dogs. His ideal home would be one where he is the only pet and gets to spend all of his time indoors.

Riley is a 1-year-old male Boxer and Labrador retriever mix. A real sweetheart, he would thrive in a single-family home with children who are 15 or older. He has no prior experience with other pets in the house but is willing to give it a try. He is a high energy dog and needs daily exercise. The best home for him would be with a family that has prior large dog experience.

Inquiries about adoption may be made at the Connecticut Humane Society, 701 Russell Road, Newington. Call 860-594-4500. More information, including videos, can be found online at cthumane.org. Click on "Adopt" and "Newington." The Connecticut Humane Society is a private organization and has no time limits for adoption.

PET SUPPLIES PLUS®
Minus the hassle.

UNHASSLE the HOLIDAYS

We're emailing huge holiday savings to your inbox every week in November.
Join the Preferred Pet Club - sign up in-store today!
Sale prices valid Oct. 27 - Nov. 27, 2016

2 weeks only! Oct 27 - Nov 9

$27.98 with card
Greenies Pantry Treat-Pak
27 oz. Pkg.
Teenie, Petite, Regular, Large
YOU SAVE $7.00

Tail Waggin' Deals
2 weeks only! Nov 10-23

10/$10 with card
Purina Beneful Prepared Meals
9-10 oz. Tub
All Varieties
YOU SAVE $8.80 ON 10

Get up to $10.50 off all Natural Balance dog & cat food

15% off with card

DICK VAN PATTEN'S Natural Balance PET FOODS, INC.

Help Support Our Veterans
For every Natural Balance purchase made from November 4th-11th, Natural Balance and Pet Supplies Plus will make a donation up to $50,000 to an organization pairing veterans with companion animals.

Full Line of Natural Balance Dog and Cat Food and Treats
All Varieties and Sizes
YOU SAVE UP TO $10.50

20/$9 with card
Hot Deal

45¢ PER CAN
OVER 50 VARIETIES
Friskies Cat Food
5.5 oz. Can, All Varieties
YOU SAVE $1.00 ON 20

starting at $9.98 with card
Hot Deal

Friskies Cat Food
16 lb. Bag
All Varieties
YOU SAVE $3.00

$6 OFF $30
With this ad.
Expires 11/30/16

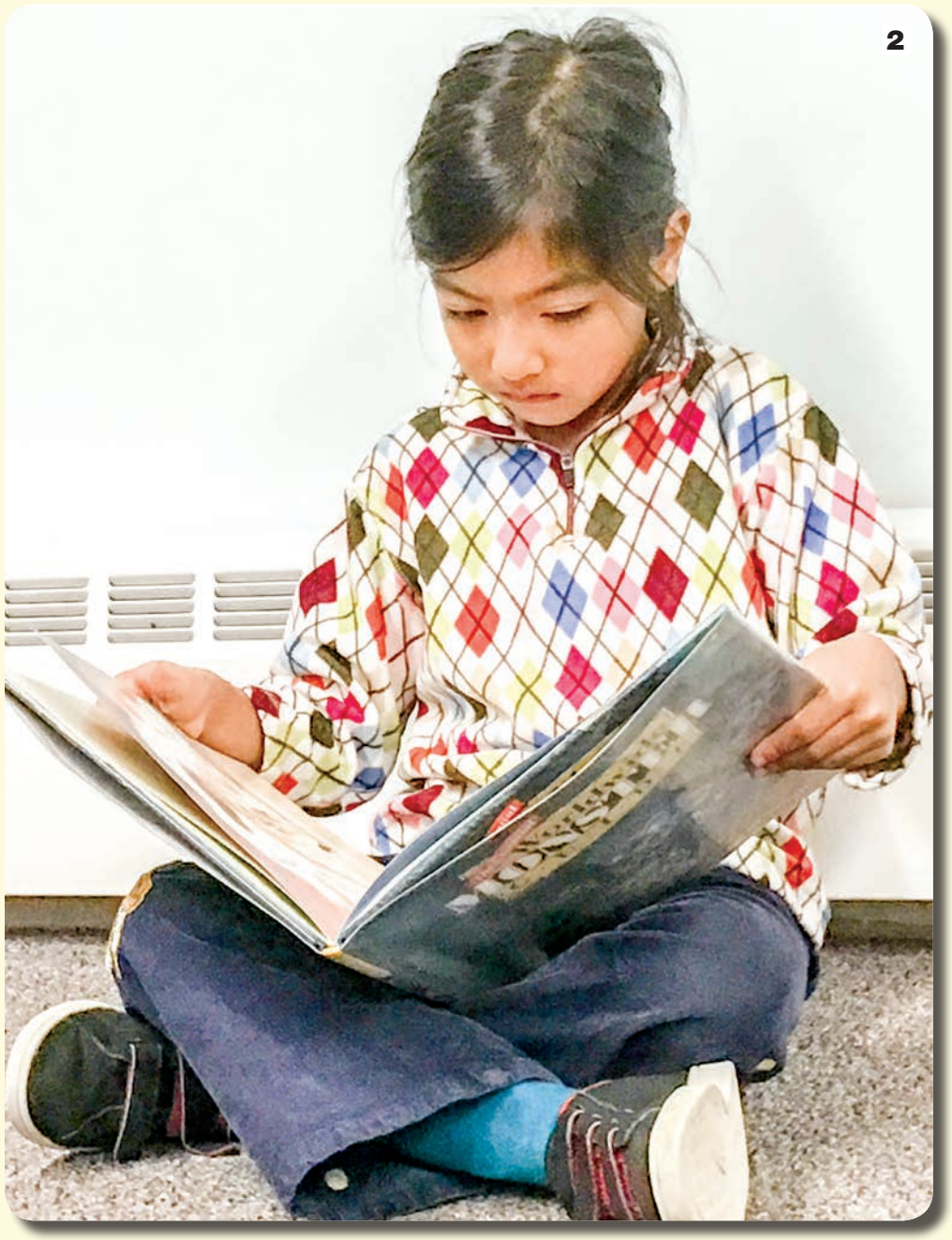
Connecticut stores are family owned and operated.

BRISTOL	GROTON	MANCHESTER	WEST HARTFORD	WETHERSFIELD	WETHERSFIELD
1168 Farmington Ave.	646 D. Longhill Road	283 W. Middle Tpk.	2480 Albany Avenue	1773 Berlin Turnpike	1142 Silas Deane Hwy.
860.585.5544	860.446.0022	860.533.9780	860.570.2461	860.563.3110	860.563.3510

Slice of LIFE

photos by Allie Rivera

The Friends of the Cora J. Belden held their annual book sale Oct. 1-2 at the library. The event is completely run by volunteers and the books for sale were donated by members of the community and the library. All of the proceeds go toward helping the library by paying for events, speakers, museum passes and more.



Book sale benefits library

1. Deepa Satish took time to look through all of the book options available to her. **2.** Six-year-old Elena Sadeghi took a moment while her mother shopped to read her new book. **3.** Harris Afzal, 18, returned from his freshman year in college to volunteer for the book sale, as he has since childhood. **4.**. Sarah Spang, 9, looked through the DVDs in the children's room. **5.** Volunteer Maitri Gandhi, 13, helped to organize the rows of books. **6.**. Lanette Kinsella brought her daughter Loriel, 9, to peruse the books.

3
Hello
TERRIERS

4

5
Romance
STEVENS
SCHOO
Hello

6
600
Cooking

November calendar

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

1 **Knitting Group,** 11 a.m., Cora J. Belden Library, 33 Church St., 860-258-7623 or rockyhilllibrary.info, also Nov. 8, 15, 22 and 29

Google Computer Science Workshop, 4 p.m., Cora J. Belden Library, also Nov. 8 and 15

Origami Workshop, 4:15 p.m., Cora J. Belden Library

World War II Dance Demonstration, 5:30 p.m., Cora J. Belden Library

CT Hearing Voices Network support group, 7 p.m., Rocky Hill Congregational Church, 805-817 Old Main St., second floor classroom, 203-391-4968, also Nov. 8, 15, 22 ands 29

2 **Playgroup Plus,** 10:15 a.m., Cora J. Belden Library, also Nov. 9, 16, 23 and 30

Adult Coloring, 6 p.m., Cora J. Belden Library, also Nov. 9, 16 and 30

Mystery Book Discussion, Cora J. Belden Library

3 **La Leche League,** 10 a.m. to noon, 23 Textbook Ave., 860-529-2307 or mgubala@sbcglobal.net

ESL Classes, 10:30 a.m., Cora J. Belden Library, also Nov. 10 and 17

Minecraft Club, 2 p.m., for grades 2-5, Cora J. Belden Library, also Nov. 10 and 17

Google Computer Science Club, 5:30 p.m., for grades 6-8, Cora J. Belden Library, also Nov. 10 and 17

Family Make It, Take It, 6 p.m., Cora J. Belden Library, also Nov. 10 and 17

Minecraft Club, 6:30 p.m., for grades 6-12, Cora J. Belden Library, also Nov. 10 and 17

5 **Roast Beef Dinner & Quilt Raffle Drawing,** 5:30 p.m., reservations required, Rocky Hill Congregational Church, 805 Old Main St., 860-529-4167, $12 for adults and $5 for children over 4

7 **SCORE Small Business Counseling,** 12:30 p.m., Cora J. Belden Library

9 **Alzheimer's or Dementia Caregivers Support Group,** 6 p.m., The Atrium at Rocky Hill, 1160 Elm St., 860-563-5588 or ehall@benchmarkquality.com

12 **United Way of CT,** 10 a.m. to 5 p.m., Cora J. Belden Library

Alzheimer's or Dementia Caregivers Support Group, 2 p.m., The Atrium at Rocky Hill

15 **Internet Tips & Tricks,** 2 p.m., Cora J. Belden Library, also Nov. 22

Healthy Eating for the Holidays, 5:30 p.m., Cora J. Belden Library

16 **Monthly Makerspace,** 5:30 p.m., Cora J. Belden Library

18 **LEGO Free Play,** 10:30 a.m., Cora J. Belden Library

Old Church Concert Series, 7 p.m., Rocky Hill United Methodist Church, 623 Old Main St.

19 **St. James Holiday Fair,** 9 a.m. to 4 p.m., St. James Church, 767 Elm St., 860-529-8655 or stjamesrh.org

Board Game Club, noon, Cora J. Belden Library

Is your club, community organization, school or house of worship holding an event open to the general public? If so, please send us the details for inclusion in our calendar. Email your events to Mark Jahne at mjahne@turleyct.com or mail them to Turley CT Community Publications, 540 Hopmeadow St., Simsbury, CT 06070.

YOUR ROAD TO A BETTER HOME

HOME DESIGN DISTRICT of WEST HARTFORD

www.homedesigndistrict.com

READ LIFE ONLINE AT
www.TurleyCT.com
TurleyCT
COMMUNITY PUBLICATIONS

Letters

Backs Guerrera for another term

To the Editor:

Voters in the 29th Assembly District should support state Rep. Tony Guerrera for reelection to a ninth term because he continues to strongly support all of us. Even in this year when so many difficult budget decisions had to be made, Tony worked hard to make sure that state aid to cities and towns would be retained at fair and reasonable levels.

His hometown of Rocky Hill is an example of his success in fighting this battle. Largely through his constant pressure, basic educational aid to Rocky Hill in this new fiscal year will amount to more than $4.37 million, an increase of more than $372,000.

In his 16 years in the state House of Representatives, Tony has proven time and again that he wins the vast majority of the battles he fights: in making sure that tough state budgets do no harm to the towns he represents, in securing much-needed dollars for important municipal projects, and in responding quickly and positively to the individual problems and concerns brought to him by his constituents.

– Lisa J. Marotta

Also supports Guerrera

To the Editor:

State Rep. Tony Guerrera of Rocky Hill has shown he is a man who believes in using the power of government to protect the lives of Connecticut citizens. He proved it again this year as a strong supporter of legislation to combat the tragically growing number of drug overdose deaths throughout the state.

You might have heard about this measure that refers to opioids. These are mainly pain killers than can provide relief to suffering patients. But they can also be abused as harmful drugs and can become gateways to even more dangerous drugs, like heroin and fentanyl, whose overuse results too often in death.

The comprehensive bill Tony successfully fought for battles back against this challenge by banning doctors from prescribing more than seven days' supply of these drugs to minors, by requiring first responders in all towns to carry with them an overdose-reversing drug, and by preventing doctor shopping, which addicts use to obtain multiple drug prescriptions.

As a father and a new grandfather, Tony Guerrera is acutely sensitive to the need to protect our children. Voters in the 29th Assembly District need to support his re-election on Nov. 8 to make sure his voice and his vote continue to serve all Connecticut citizens in this vital struggle.

– Kathy Alexander

#rockyhilllife
@turleyct

Snap a photo around town, share it on Instagram, and you might see it in these pages.

rocky hill LIFE

540 Hopmeadow Street, Simsbury, CT 06070
860-651-4700

Read our publication online at
TurleyCT.com

KEITH TURLEY, Publisher

EDITORIAL
Abigail Albair, Executive Editor
aalbair@turleyct.com
Mark Jahne, Editor
Kaitlin McCallum, Assistant Editor

STAFF WRITERS
Alicia B. Smith, Allie Rivera, Mara Dresner, David Heuschkel, Sloan Brewster

ADVERTISING SALES
Alana DiMarco
alana@turleyct.com,
860-264-5723

PAGE DESIGNERS
Daniel Kornegay, Cynthia Martel, Robert Sirois

GRAPHICS DEPARTMENT
Barbara Ouellette, Production Manager
ads@turleyct.com, 860-264-5523
Maureen LaBier, Production Assistant
Daniel Kornegay, Corley Fleming, Cynthia Martel, Kathy Kokoszka, Mary Grimes

CIRCULATION
For circulation issues, please call 860-651-4700

FOLLOW US ON

published by
TurleyCT
COMMUNITY PUBLICATIONS

Editorial

It's time to cast our votes

Nov. 8 is almost here and that means voters will be flocking to the polls to cast their ballots. This is a presidential year, so the top of the ballot will offer a choice of four people seeking the highest office in the land representing the Democrat, Republican, Libertarian and Green parties.

The presidential campaign and daily bombardment of news and political talk on TV and radio feels as if it started right after the last election four years ago. It will be a welcome relief to have all of that mind-numbing blather and bombast stop, at least for a little while.

This is a historic election. The voting will either result in the first woman elected president in United States history or one of the few men with no prior political experience to capture the White House. Either way, many public opinion polls suggest that whoever wins will take office with the lowest popularity rating since those numbers have been tabulated.

While it's important to vote for president, it's also important to vote for those on the ballot who are seeking seats in the U.S. Senate and Congress, as well as the Connecticut House and Senate.

It can be argued that state legislators and the laws they enact probably have more direct impact on our lives than most of what comes out of Washington, D.C. They are the ones we turn to when we need help with local issues, when we seek funds for a new school or playground, when we have concerns about safety or transportation or other issues.

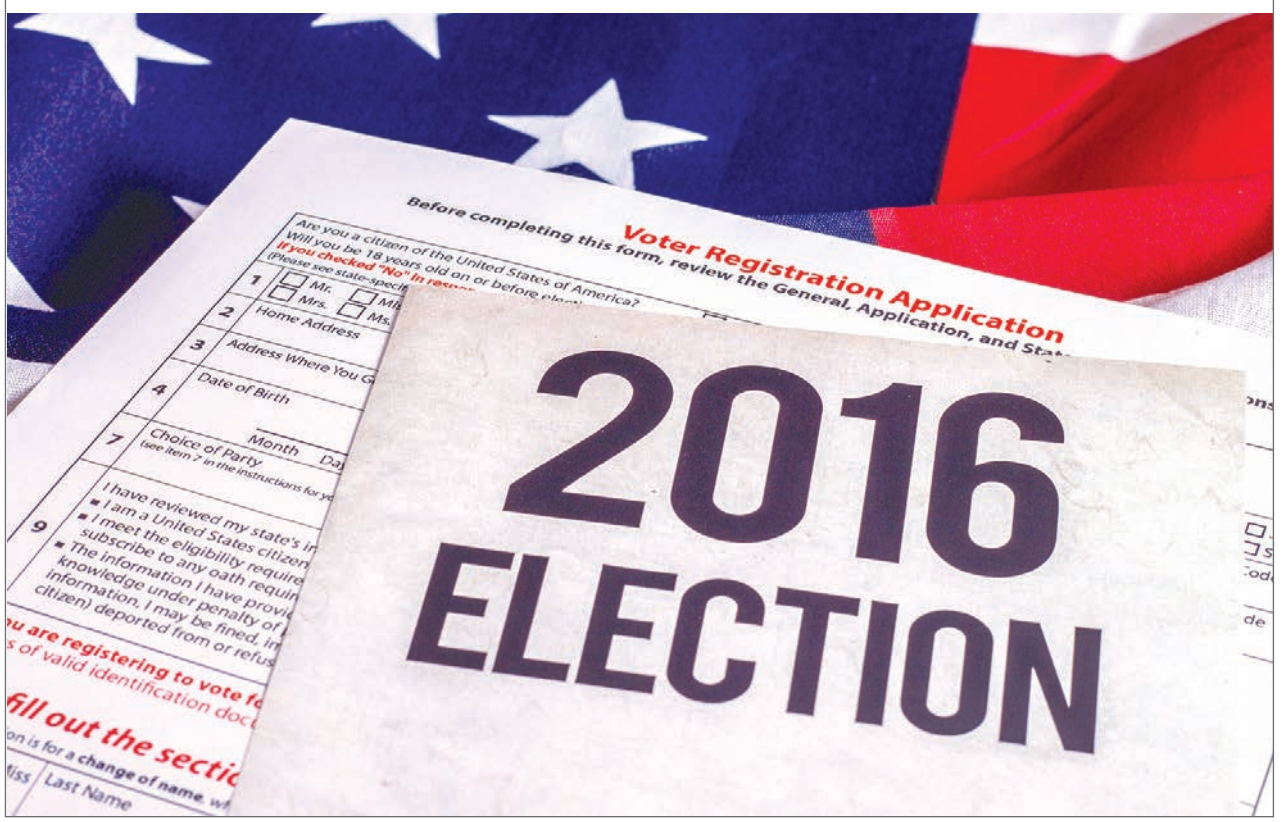
Few things in recent history have had a greater impact on the lives of Connecticut residents than the advent of the state personal income tax in 1991. It was supposed to be part of a major overhaul of the entire taxation system in this state, not an additional tax.

Which is exactly what it turned out to be. We're still waiting for that major overhaul 25 years later. But enough about that.

Take the time to learn the names of the candidates and get a sense of where they stand on matters that are important to you. Ask them what they will do to make Connecticut and its economy better. Read their profiles in this issue and review any other campaign materials you may receive.

It's always amazing how many people can't be bothered to take five minutes to vote or exert the minimal effort that is required to secure an absentee ballot. People stand in line for hours in other countries to do what we so often take for granted.

Voting, and the private manner in which we do it, is one of the most powerful rights that Americans enjoy. It is the keystone to our democracy. Even if you don't like this year's choices, take the time and make the effort to select the next group of political leaders who will shape the future of our nation and state.



CLASSIFIEDS

Avon • Canton • Farmington • Glastonbury • Newington • Rocky Hill • Simsbury • West Hartford • Wethersfield

Cleaning Services

ADA'S HOUSE CLEANING – Quality personal service. Weekly, biweekly, or monthly. Specializing in help to clean before closing/ moving or one time cleaning. In business since 2000. Call 860-521-3823 or 860-944-6541. Lic & insured #1110413.

Help Wanted

MCLEAN IN SIMSBURY HAS THE FOLLOWING OPENINGS:

Home Care RN - per diem hours. Our service area includes the Farmington Valley and West Hartford areas. Mileage reimbursement and laptops for ease with charting. Extra money for the upcoming holidays – could open up to regular hours.

Medicaid Coordinator - 32 hour opening for someone with solid bookkeeping background. Must have strong customer service skills and a thorough knowledge of Medicare and Medicaid regulations as they apply to skilled nursing. Previous experience with electronic billing transmission required.

RN Staff Development/ Supervision – unique opportunity – this 32 hour opening is day shift with one evening shift every other week. Must have previous supervisory and long-term care/post-acute experience.

Certified Nurse Aides – only a few openings remain on the evening shift. Must have previous experience in long term care and/or assisted living.

Help Wanted

Dietary Team Leader – 32 hours weekly 10:30am-7:00pm 4 days a week. Must have excellent customer service skills along with previous serving experience. Act as a lead person in the dining room for lunch and dinner service. Nice schedule along with benefits.

Kitchen Utility Worker/ Driver – Monday-Friday 9-12. Cleaning of kitchen areas, mopping and stocking duties. Drive meals to a coordination site.

RN SALSA – full-time opportunity to oversee the assisted living neighborhoods and services.

Must have 1 year minimum community health or assisted living along with supervisory experience.

Call McLean HR, Simsbury, EOE 860-658-3724

GOOD ATTITUDES REWARDED. MERRY MAIDS NOW HIRING full time or part time. Must be able to work Monday-Friday from 8am-5pm. No nights, holidays or weekends. Must have own car, driver's license and insurance. Please call 860-563-8367 to set up an interview.

Help Wanted

NOW HIRING - DOOGIES RESTAURANT, NEWINGTON. FT/PT All positions. Must come in person with job references. 2525 Berlin Turnpike next to Ruth's Chris Steak House.

Room for Rent

NEWINGTON ROOM FOR RENT in comfortable, private home. Quiet, safe neighborhood. Parking, laundry, utilities and modern kitchen available. Close to major highways, 10 minutes to West Hartford center. Non-smokers, No pets. $650/ month. 860-953-9930

Services

BATHROOM REFINISHING. Tub and Shower Replacement -economical to custom. Do the job right - replace - don't cover up. Toilets, sinks and vanities as well. Reasonable, licensed and insured. Call Charles Peterson 860-839-0246.

ANDY WOTTON PLUMBING & HEATING, LLC 860-833-8153. We offer honest plumbing at a reasonable price. Estimates are always given before any work is done. From snaking your main drain to water heaters and boilers, faucets and leaky pipes - WE DO IT ALL. Remember with Andy Wotton Plumbing, it's not done until you say it is. Call today 860-833-8153. Licensed and insured P10282605 S1 0402048.

JOSH'S JUNK REMOVAL - All items removed at a reasonable rate. Call for estimate. We also remove sheds and hot tubs. Insured. Josh Langdon 860-922-4621

BENEDICT OVERHEAD DOOR. Is your one stop for all garage door problems. CT HIC #0621772. Call 860-828-2951.

RH MASONRY SERVICES, LLC - All masonry from new construction to repairs of walkways, patios, pool decks, chimneys/fireplaces, retaining walls. Brick, stone, veneer, pavers, etc. Licensed and Insured. Free estimates. 860.483.0139 www.rhmasonryct.com

---

Z-THE HANDYMAN, LLC HOME IMPROVEMENT. Interior. Exterior. Painting, flooring, decks, power washing, vinyl siding, roofing, etc. Don't pay high prices, Call 860-690-2855. Ask for John. Licensed & Insured.

CHS CARPENTRY. Kitchen & Bathroom full remodeling, windows, doors, decks, porches, cabinets, installation, paint, custom tile installation, drywalls, siding, rooing, floors & trim work. Fully licensed & insured. References available. Reg.#612982 Call 860-803-5535 or email chscarpentry@live.com

---

PRINCE OF GUTTER CLEANING - Hand cleaned out then rinsed. Starting at $60. Insured. Josh Langdon 860-922-4621

Services

PIANO TUNING AND REPAIRS by Hartt School of Music trained tuner. Piano cleaning and climate control also available. Contact Ted Williams 860-228-0309. or call 860-940-8713

DAVINO ANTIQUE CLOCKS -Antique Clock Repair - Repair and maintenance service for antique and vintage clocks. House calls available. 860-402-5585 www.davinoclocks.com

---

PROTECT YOUR INTELLECTUAL PROPERTY. Patents, trademarks etc. Call Ted Paulding. No longer representing the big guys. Now helping the little guys become a big guy. 860-474-5181.

SNOWBIRDS - WHO'S WATCHING YOUR HOME? MYM - The house sitting alternative. Ask for client references across Greater Hartford. www.mindyourmanorct.com. 860-805-6226

SECURITY AND FIRE ALARM SERVICES - Sales, installation, service and monitoring of all brands of equipment. Free takeovers of existing systems, free installation on new systems with purchase of equipment. Monthly monitoring rates as low as $20. Call ALL SYSTEMS ELECTRIC, LLC at 860-436-4957 or visit our website at www.ase-ct.com.

Services

JCWEB - WEBSITES DONE RIGHT. JCWeb makes professional business websites and gets you listed on Google and up to 90 different directories. Call James at 860-940-8713 or visit www.jcweb.org

Wanted to Buy

I BUY HOUSES AS-IS. CASH. Call today 860-674-9498 or Email: john@boucherbuilding.com CT. REG. # 530518

BUYING OLD MAHJONG SETS. Paying cash. Incomplete sets okay. 860-231-8466

WE BUY USED BOOKS. Price varies by book, most around $1.00. Top dollar paid for newer college textbooks. Visit us at donateorsellbooksct.com

Gamblers Anonymous

Gamblers Anonymous can help you. Take back your life. Phone: 855-2-CALL-GA 855-222-5542 to speak with someone. Gamblers Anonymous is a non-profit fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem. www.gamblersanonymous.org.

HOME & GARDEN

WET BASEMENT?

TRUST IN OUR 40 YEARS OF EXPERIENCE

Rocco Balesano Contracting LLC

Foundation Cracks
Basement Drainage Systems
Yard Drainage
Sump Pumps
Window/Dry Wells, etc.

Call for a free estimate and never deal with a wet basement again!

860-236-0071

LOCALLY OWNED AND OPERATED
FULLY INSURED

ALL WORK GUARANTEED
SENIOR DISCOUNT

WALKWAYS • WALLS • PATIOS • PAVERS • POOLSCAPES

DELIVERY OF MULCH, STONE & TOP SOIL

Landscape Design • Lawn Maintenance • Pruning • Stump Grinding
Brush Chipping for Trees • Bobcat & Excavator Services
Grading of Lawn Areas for Sod and Seed • Debris Hauling
Installation & Removal of Plants, Shrubs & Trees • Hedge & Shrub Trimming

Griffin LANDSCAPING, INC.

Check out our updated photos
860.257.3146
GRIFFINLANDSCAPING.COM

100914

Factory Direct

Ready Made Valances ~ Bedding ~ Pillows ~ Trim
Accessories ~ Custom Drapery ~ Fabrics ~ Furniture
Still Time for Holiday Delivery!

RLF HOME
LUXURIOUS HOME FURNISHINGS

860.951.8110 www.rlfhome.com
30 Bartholomew Avenue ~ Hartford
Mon. - Fri. 9:30 - 5:00 ~ Sat. 9:30 - 3:00

WE'RE THE GOOD GUYS

CUSTOMER SATISFACTION • NEAT, CLEAN, PROFESSIONAL

Professional Dependable Company • All Aspects Of Electrical Work

- General Repairs • Home Inspection Repairs • Outdoor Lighting
- Motors & Generators • Fire Alarms • Security • Computers
- Remodeling Bathrooms, Kitchens, Basements • Roof Deicers
- Bath Fans/Paddle Fans • Fuses Upgraded to Circuit Breakers
- Cable TV Wiring • Bucket Truck • Electrical Repairs to Existing Wiring

All Work Guaranteed • Same Day Service

AA ELECRICAL SERVICES

AA ELECTRICAL
E1-102626

860-953-8830
www.connecticut-electrician.com
134 Reed Avenue • West Hartford

SCREENED TOPSOIL & COMPOST

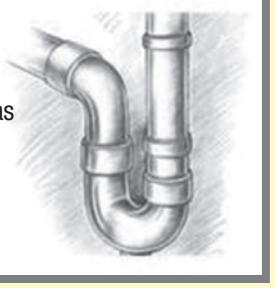
CEDAR MOUNTAIN Stone & Mulch

1943 Berlin Tpke.
Wethersfield
860-563-9200

HOME & GARDEN

ANDY WOTTON PLUMBING & HEATING, LLC
(860) 833-8153

Old fashion, honest, reliable service at a reasonable price. All residential plumbing, repairs done from leaky faucets to oil/gas heat conversions.
Call today and we will show you quality still makes a difference!



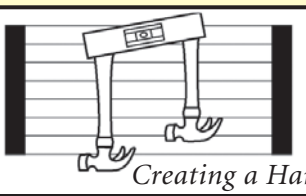
ROOFING & SIDING
- Replacement Windows
- Additions
- Gutters
- Decks

HARVEY INSULATING WINDOWS & DOORS

STEPHEN OUELLETTE
HOME IMPROVEMENT

860-667-2160
Free Estimates Licensed & Insured Lic.#00556269

36022-01



HARMONY
Home Improvement

100% FINANCING AVAILABLE

Creating a Harmony customer, contractor & community

ROOFING • SIDING • WINDOWS & more...

CALL NOW for our FALL ROOFING SALE

CALL NOW for a FREE upgrade to lifetime shingles with this ad only

860-645-8899

lic. #604200/ Fully Insured/Free Estimates

Factory Certified with CertainTeed GAF

022411

Everything for Your Home

Licensed: CT -HIC. 0510051 • CT-CAM.0000680 • Fully Bonded & Insured • In-House Employees

Complete Residential & Commercial Property Management

Free Estimates, No Pressure

WINNER! BEST OF Hartford MAGAZINE 2010 2011 2012 2013 2015 2016

THE MAGEE COMPANIES
Remodeling Contractors
Property Managers
Professionalism Since 1972

BBB ACCREDITED BUSINESS

860-953-2200
7 CODY STREET • WEST HARTFORD, CT

MageeCompanies.com

Walkways • Patios • Retaining Walls • Firepits• Decorative Stone • Mulch • Topsoil

CEDAR MOUNTAIN
Stone & Mulch

1943 Berlin Turnpike
WETHERSFIELD
860.563.9200
www.cedarmountainstoneandmulch.com
Like us on Facebook

One of Greater Hartford's Largest Retail Distributors of Landscape Products

HOME & GARDEN

ROB'S
GUTTER CLEANING
860-982-3300
RobPolo.com

Water Problems?
30+ Years of Stopping All Types of Water Leaks!
From Roofs to Basement Waterproofing
Hatchway Stairwells • Foundation Cracks
Window Wells • Chimneys
Slate and Flat Roof Repair
Entrusted to work on churches, schools, hospitals and other landmark institutions as well as the residential market since 1983.
Just Google JP Bachand Contracting for website and more.
JP Bachand Contracting
860-666-9737 Newington
CT Department of Consumer Protection Reg. # 0511842

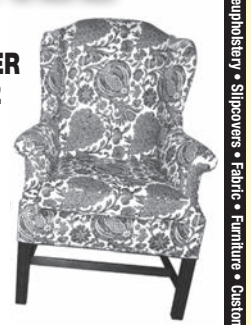
season of style
SAVINGS EVENT

Fashionably early.
Order your shades now and be ready for holiday parties. Plus, save $100 with rebates on select purchases of Hunter Douglas window fashions, now through 12/12/16.*

The Paint Spot
34-36 Shunpike Road, Cromwell
860-635-1111 • paintspot.net
Paint • Wallpaper • Window Shades • Blinds • Carpet • Laminate • Vinyl

*Manufacturer's mail-in rebate offer valid for qualifying purchases made 9/17/16–12/12/16 from participating dealers in the U.S. only. For certain rebate-eligible products, the purchase of multiple units of such product is required to receive a rebate. If you purchase fewer units than the required multiple you will not be entitled to a rebate; partial rebates will not be awarded. Rebate will be issued in the form of a prepaid reward card and mailed within 6 weeks of rebate claim receipt. Funds do not expire. Subject to applicable law, a $2.00 monthly fee will be assessed against card balance 6 months after card issuance and each month thereafter. Additional limitations may apply. Ask participating dealer for details and rebate form. ©2016 Hunter Douglas. All rights reserved. All trademarks used herein are the property of Hunter Douglas or their respective owners.3224518

Reupholstery • Slipcovers • Fabric • Furniture • Custom Window Treatments • Wallpaper • Flooring
FALL SALE

REUPHOLSTER a SOFA or 2 CHAIRS for $529*
*Plus the cost of our fabric

10% OFF ALL FABRICS
*Previous orders do not apply. Must present coupon at time of order.
Old Lyme 860-434-4242
Hartford 860-244-3475
Toll Free 877-688-3475
Family owned & operated showroom & workroom since 1929
EHRLICH DECORATING & UPHOLSTERY LLC
*Previous orders do not apply. Only applies with purchase of our fabric.
Showroom & Workroom 3324 Main Street, Hartford, CT
www.ehrlichdecorating.com
Not Affiliated With Ehrlich Interiors in Farmington

BY MARK DIXON
WFSB METEOROLOGIST [AMS]

November...

In climatological terms, this month is the 3rd and final of what we call 'meteorological fall' ...here are some highlights, based on what has happened in the past.

The average low and high temperatures on the first of November are 37 and 57, respectively; by the end of the month, they drop to 29 and 46. These values are determined using Bradley International Airport, Windsor Locks as the official location for record keeping (a timeframe of 3 decades is used to calculate "normal" vales for low and high temperatures).

With regard to extremes this month, the coldest temperature, since records have been kept, was 1 degree set on the 24th in 1989; conversely, the warmest temperature was 83, set on the 2nd in 1950.

November is also a month that features a big loss of daylight. From the first day of the month, with a sunrise of 7:24am and sunset of 5:44pm --- to the last, with a sunrise of 6:58am and sunset of 4:21pm... there is a loss of 58 minutes of possible daylight in 30 days!

This also is the month when we end Daylight Saving Time (DST), meaning it's time to 'fall back' ...reallocating an hour by setting our clocks back an hour, on Sunday the 6th. This is also a good time to change the batteries in your smoke detectors! **RHL**

TurleyCT Community Publications
Life Publications The Valley Press The West Hartford Press
To advertise call 860-651-4700 • TurleyCT.com

WE BEAT EVERYBODY!

Save Up To $260 per set

up to $100 Instant Savings Plus up to $160 Tire Rebate

* Savings available off regular set of 4 price - $100 off sets over $600, $80 off sets over $500, $50 off sets over $350.
Present ad for savings - not valid with other offers. Requires installation with our standard installation package. Expires 11/19/16.

KELLY TIRES · MICHELIN Because so much is riding on your tires. · PIRELLI · DUNLOP TIRES · GOODYEAR · Continental TIRE

www.moderntirect.com

PLUS!

With every 4 Tire Purchase

You Choose

4 FREE Lube, Oil & Filters OR

Incl. up to 5 qts Mobil Special 5w30 motor oil, oil filter, lube & courtesy ck. Most Vehicles.

FREE Front End Alignment OR

Specialty, Thrust Angle and Complete 4 Wheel Alignments are additional - see store for your vehicle's alignment type.

FREE Road Hazard Protection

Covers FREE Flat Repairs and Tire Replacement for Road Hazards - See store for full coverage details.

$20 OFF ANYTHING

Lube, Oil & Filter • Heating
Wiper Blades • Coolant Service
Tune Up • Headlights & Bulbs
Shocks/Struts • Brakes
Batteries • Electrical • Diagnostic
Transmission • Alignment

$40 OFF ANY SERVICE Over $250

$80 OFF ANY SERVICE Over $500

Present Coupon for savings. Excludes Tire Service and Emissions. Not valid with other discounts. Not combinable. Exp. 11/19/16.

EXPRESS LUBE, OIL & FILTER

$19.99

Includes up to 5 qts. Mobil Special 5W-30 motor oil, oil filter, lubrication & courtesy check. Most cars.

Plus FREE TIRE ROTATION

Must present coupon. Not valid with any other discounts. Expires 11/19/16. Oil disposal fee add'l.

BRAKE PADS or SHOES

$99.99 installed, per axle
Most vehicles

Brake systems are complex.

Stop by or call for a convenient appointment to have our experts inspect your system.

FREE BRAKE INSPECTION

Let our staff inspect your brake system.

There may be extra costs for additional parts and labor.

Must present coupon. Expires 11/19/16. Not valid with any other discounts.

FALL CAR CARE

Get Ready for cooler weather!...

$29.99

- Brake Inspection
- Standard 5 qt. oil change & filter
- Tire Rotation and Air Pressure Set
- Battery Test -- Underhood fluid check
- Courtesy check of lights, belts, wipers, suspension, filters and more.

Must present coupon for savings. Most cars and light trucks. Expires 11/19/16.
Not available with other discounts. Oil disposal fee add'l.

MODERN TIRE AND AUTO SERVICE

moderntirect.com

CHECK OUT OUR OTHER LOCATIONS

898 Farmington Ave., Rt.4, Farmington
Just over the Farmington River Bridge
860-677-5454

Open Sundays 9am-4pm

Mon-Fri 7AM-6PM, Sat 8AM-5PM

MODERN TIRE
3455 Berlin Turnpike
Newington 860-666-2404

MODERN TIRE
867 Cromwell Avenue
Rocky Hill 860-760-9000

MODERN TIRE
514 West Main Street
Cheshire 203-272-3296